Research on the Development Trend of Community Sports Under the Perspective of National Fitness

Xing Lei

Abstract

In this paper, we conduct research on the development trend of community sports under the perspective of national fitness. It is the core function of community sports construction index system based on the accurate description of community sports construction and development status, through the comparison of vertical and horizontal relative level of the specific community development, the objective condition of the community sports construction and development of the causes and consequences to explain. It is the core function of community sports construction index system based on the accurate description of community sports construction and development status, through the comparison of vertical and horizontal relative level of specific community development, the objective condition of the community sports construction and development of the causes and consequences to explain. This paper comes to the new idea on the item that will promote the development.

Keywords: National Fitness, Development Trend, Community Sports, Perspective.

Introduction

Community sport is based on the inherent characteristics of the community within the community to carry out sports activities. Community sport has a long history, at least to Homer's epic period. The sports at that time reflected the transformation from primitive social sports to slavery social sports. The sprouting of labor sports and the combination of military sports appeared in the recreational recreation activities and in the arena and formed distinctive community sports characteristics. But ancient times Olympics games, then is in the chaos caused by war ancient Greece people to peace the summon as games period, in "under sacred armistice" treaty, in the entire community various cities nation stops all wars, converges under the Olympic flag, the happy song joke, expresses the people to peace yearning for. In the recent years, China's sports career has made remarkable achievements, completely changed the past "Asia" image. But we should also be aware of the basic sports in our country is very weak, it not only affects the level of population health, but also affect the future level of competitive sports and the task we face is very difficult.

The integration of school sports and community sports has a distinct era, the diversity of subjects, the breadth of coverage, the effectiveness of activities, the permeability of culture, the permeability of schools and community culture, it is used in the current school system construction framework and the integration of sports resources as the carrier of interaction, the school return to the community. As indicated in many investigations that, the school sports and the community sports effective union, to student's education for the all-around development, the
health education, the lifelong physical culture education and sports custom fostering, the human and human's understanding, communicated and feels grateful the society and the social raise all plays the role which should have has provided the beneficial direction for the school return society's sustainable development.

- Constructs the community sports as is advantageous in the community members between the friendly intercourse, promotes the friendship that favors the society to be stable, enhances the civilized degree widely carries out the community sports, may reduce not improper activities and so on superstition, gambling, favors the purification society air and in the community the family sports which may promote between family member's thought exchange.

- The characteristics of “independent”, all residents in a certain region mobilized to participate in fitness exercise, for inspection, supervision and timely statistics, found the situation take the necessary measures to open the national fitness campaign.

- The development of community sports activities, development of children's sports interests, is conducive to the establishment of social sports concept and the emergence of sports talents, early detection and training of sports seedling, so that China's sports industry more brilliant.

The community seeps the school and promoted the community and the school culture together promotion. Is disadvantageous in nurtures the minute display sports to nurture human's comprehensive function, like raises the physical and the moral integrity level, the dissemination sports culture, the cultivation sportsmanship, the improvement interpersonal relationship, adaptation society ability and so on, may play the unique role in the foundation harmonious society aspects.

![The Community Sports Demonstration.](image)

The Proposed Methodology

**The National Fitness.** All the people fitness the system and all the people fitness the service system are all the people fitness the enterprise different development phase name. The name is different, the construction content, the emphasis point have the difference. All the people fitness the service system fitness the system to all the people to play rich and the development role causes all the people fitness the system to be with emphasis more prominent, the connotation is
richer and the function is more prepared. National fitness system is the basis of the national fitness, but it cannot replace the national fitness service system. Direct service system is directly for the public to participate in sports fitness activities, part of the people directly with the elements of this part deal with the enjoyment of these elements brought about by the service. The national fitness service system refers to the government, society and individual participation, to meet the health needs of the citizens for the general purpose of providing general fitness products and service behavior and related systems and systems to citizens.

It is relying on source of funds, basic fitness service network, service organization and innovation of national fitness consciousness, fitness concept and behavior, interactive relations between service providers and service objects, in the national economy affordable level to improve the national fitness level, social security service system of national physical fitness and health level generally increased continuous improvement which can be organized as the listed aspects.

- Organization level backwardness is our country populace sports supervisory work backward key is at that must take the community sports organization prominently the construction, the formulation adapts the well-off social populace sports development system policy, establishes and provides professional in the city community the sports personnel organization, enable the community sports management to obtain the human affairs to organize to safeguard.

- It is necessary to broaden the international vision of mass sports competitions and increase the frequency of mass sports participation in international mass sports competitions. To show the world our national health level, at the same time, carry forward the Chinese traditional sports culture, so that traditional national fitness exercises in Eastern and Western sports exchanges bloom splendor.

- With the development of our society and people's constant pursuit of higher quality of life, social sports instructors as an emerging power to enhance the development of mass sports, improve the people's physical quality the active city cultural and sports fields came into being.

All the people fitness are impossible to exist independently, it needs a series of services and the safeguard support. Therefore, this research as “all the people fitness” is refer to “all the people fitness serve and safeguard”, the general designation “all the people fitness the service”. 
The Community Sports Resources Review. The community sports resources are each kind of the essential factor sum total which the community sports development needs, it including manpower, physical resource, financial resource and so on visible resources and sports information, scientific research, policy laws and regulations, social concept and so on invisible resources and the resources dispose that are refer to in the economical each resources (including manpower, physical resource, financial resource) between each kind of different use direction assignment. The existing community sports funds use and the operation process regardless of the input-output ratio of marginal cost and income concept that resulting in high input and low output. In order to bodybuilding facilities as an example, the fixed cost is very high, and with the use of rate increases, the marginal revenue also increased, but the marginal cost of maintenance is low, infrastructure damage only need to invest a smaller cost to repair can bring high marginal revenue.

For this condition, the following suggestions are proposed. (1) The national sports and public welfare determines the allocation of sports resources must adhere to the principle of fairness that must take into account the needs of the parties to the coordination of resources allocation fairness, let the people share the fruits of development of the country. (2) At present, China's sports resources are divided, duplication of construction is serious, resource sharing rate is very low, sports facilities and venues are both short and idle, and the most efficient sectors and links, so that limited sports resources to produce more and better sports products and services to meet people's sport needs. (3) To achieve comprehensive and fair allocation of community sports resources is a long-term and arduous task, because these unfair factors are not some sports itself, but in the long-term economic, social and some cultural development process with the resources and environment in the accumulation area, and the Department of urban and rural differences, to solve these problems need to work together the whole society, to achieve a great economic strength to solve the inherent differences in the levels of human society is to achieve a very high target can be realized, and the realization of the goal of the suspected unit needs a lot of generations. (4) The efficient use and sharing of existing resources should be the
best shortcut. With the development of community sports in developed countries mature experience, combined with China's current situation, it should be clear community and school sports facilities, resource sharing is currently the most suitable for China's most rapid solution program. The school has the largest community sports resources, under the existing conditions of coordination, and fully taps the potential of resources.

**The Development Trend of Community Sports.** Community sports association is a regional unit of horizontal sports union, subordinate to the basic grass-roots community leaders and sports sector guidance, is the executive-led; sports activities by the residents of the spontaneous composition of modern sports enthusiasts, most subordinate to the sports sector, a few subordinate to the grassroots community and district management that is a spontaneous type of residents. Integrating the prior basic discussions and reviews, we summarize the trend of the community sports as follows

- The street sports administration department transfers the manager by the sponsor and its main function is the formulation entire community sports development plan, the development use community sports resources, gives the community the daily authority the sports association.
- To gradually change the unit socialization phenomenon, it is really necessary to accelerate the differentiation of community sports and unit sports, strengthen the construction of community sports organizations improve the community sports management system and the social sports instructor training system, develop public sports venues facilities standards and construction plans and give priority to the grass-roots community facilities, to improve school facilities and facilities conditions, to develop policies to promote school facilities to the residents open.
- The government set up the sports administrative mechanism, macro management, undertake sports overall objectives and policy formulation, policy regulation, financial support and other functions, sports associations undertake micro management and undertake the specific affairs functions and must disperse the government too centralized authority, by longitudinal releases authority realization hierarchization management, by crosswise decentralization realization socialization management, changes the sports management system from the present linear structure the matrix structure.

**Conclusion**

In this paper, we conduct research on the development trend of community sports under perspective of the national fitness. The primary position as the community which the community sports which constructs the important constituent and all the people fitness, although the government gives the high value, gives the manpower, the financial resource, the physical resource investment, but how in causes the community sports the investment decision-making to be more scientific reasonably, enable the community the sports resources effectively to obtain the use fully causes the community sports the organization measure to be more efficient, thus causes the community sports to have aspects and so on bigger social efficiency also to wait for further enlarges the work dynamics. It is the core function of community sports construction index system based on the accurate description of community sports construction and development status, through the comparison of vertical and horizontal relative level of specific community development, the objective condition of the community
sports construction and development of the causes and consequences to explain. Under this basis, this paper proposes the new perspective of the community sports developmental trend in the future we will do some surveys to verify the performance of the proposed methodology.

References


