Research on the Developmental Trend of Western Psychology and the Influences on the Psychology Research in China

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Abstract

In this paper, we conduct research on the developmental trend of western psychology and the influences on the psychology research in China. Psychology in psychology in China under the background of globalization, are based on Chinese culture and political background of indigenous psychology research, stick to the path of "Chinese style". At present, our country although psychology has made great progress, but also should see the level of psychological development in our country compared with Europe and United States developed countries still there is a gap. The development of health psychology is expected to be in the Chinese traditional health concept, build a bridge between and western modern science so as to achieve the framework of modern science and low consumption, efficient system of health promotion and improve the overall health condition of our country. The paper proposes the systematic solution to the corresponding issues that will be consequential.

Keywords: Developmental Trend, Western Psychology, Psychology Research, China, Influence.

Introduction

In recent years, the psychology is the study of some compelling new trend, suggests that many of the new development of the psychology research methods. In summary, mainly include such aspects: research topics in the field of application and research approach of interdisciplinary, branch and the characteristics of cross-cultural, the integration of research techniques and the trend of mathematical, studies all aspects of the computer, below respectively on the several aspects for further discussion. Especially, we put the cultural factors in framework of psychological research, from the perspective of culture this insight into the development of psychology, revealed in the person's psychology and behavior culture on the surface of the veil that can be demonstrated as follows.

- Culture to promote the diversified development of psychology. The emergence of cultural turn, help people to clarify the cultural nature of general psychology, realize any psychology, including the mainstream western psychology is a product of a particular cultural history, also can only be applied to the specific culture, universal applicability of the rationality of western psychology and put forward the question and challenge [1-3].
- The significance of cultural turn is not has opened up a new psychology research field, the important is that it offers contemporary psychologists a new field of vision, to understand human behavior as a psychology provides a methodology. The psychology research object is generated in a certain cultural environment of the person's psychology and behavior.
- Culture to strengthen the understanding of psychology and cultural characteristics. Adhere to the research object of observability and research tasks can be descriptive, that adhere to the principle of centering on the method, take the position of element analysis and mechanical reduction, pay attention to the objective method and quantitative research.

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Modern science and technology for the development of psychology plays a big role in promoting, cognitive psychology represents the integration trend of modern psychological science, humanism psychology led to a positive regard human common response, clinical psychology led to the theory with practice the spirit of the times of dialectical materialism theory points out the bright future of the development of psychology. The strengthening of the psychological research, applied, but also in the transition from the traditional theory and laboratory studies for various forms of field studies makes results of study have a higher external validity. This is an important symbol of the quasi-experimental research more and more common. Quasi experiment is not directly using the randomization procedure with the original study or work unit as the research object of experimental design. It can be in the real situation and the condition control and observation object of the psychological activity, measure and record the whole psychological process. Therefore, the results of the study is suitable for real life, applicability is high. Accordingly, the figure one shows the principles.

Figure 1. The General Organization and Architecture of the Psychology.

In this paper, we conduct research on the developmental trend of the western psychology and the influences on the psychology research in China. Following sections will discuss these issues more.

Our Proposed Methodology

The System of Western Psychology. As we all know, that modern psychology is based on the experiment to get rid of the bondage of speculative philosophy and developed into an independent science. In psychology as an independent discipline of a brief history, has formed a kind of emphasis on the tradition of the experiment. To the middle of the 20th century, with the vigorous development of the experimental study of the various subfields, one of the most is the study of the application, appeared in the psychology researchers on experimental study and tendency to downplay the theory construction. Prompted a failure "branches" of basic western psychology, the branch of psychology research "prosperity", the basic theoretical research is weak, which hinder the development of the psychology. Since the psychology as an independent discipline, as of the date of that experimental psychology has been the mainstream position, the situation continues to the present day. From the psychology development history, although there are psychoanalysis and humanism school challenges have been carried out to the mainstream status of experimental psychology, but few people to a more profound and comprehensive reflection of experimental psychology as listed components.

- On the cognitive structure and the process as the research object. Social cognitive focus on to all the social phenomena in the study of the basic structure of cognitive research directly. Will
always be a cognitive social psychology, and psychology in United States, social psychology in terms of the importance of long-term mental concept played a unique and important role.

- The information processing model as a way of the understanding social phenomenon. Social cognitive research information processing model is used to understand the social psychology and behavior, the background of the individual as a social relations in order to engage in some form of information processing [4-5].

- Communalism of social cognitive research. Social cognitive research in the general field of psychology in different content shows the characteristics of communalism. The communism in and closely related to social cognition in the cognitive psychology is the most obvious, and cognitive psychology reflects the same principle can be applied to information processing society, and the idea can be applied to the social field.

Cognition is a body, the first meaning is the cognitive and thinking is constrained by the physical attributes. Traditional socialist cognition as occurred in the abstract symbol operation process in the brain, the body is a container, accept outside information, the information is converted into a certain nerve impulses, transmitted to the brain, and then accept instructions from the brain motion reaction.

**The Psychology System.** Psychological research can be divided into three levels. A microscopic level, that is, levels of neurobiology, explore the brain or central nervous system to produce mental mechanisms; Second, the micro level, the individual level, explore the behavior and psychological activity of individual, as well as the mental structure and functional characteristics in the process of development; Third it is the macro level, that is, the social hierarchy, the main studies and the social interactions, and differences of different social and cultural environment center intellectual activities.

![Figure 2. The Psychology Development and Research Trend.](image)

The development of the current psychological research methods, on the whole, displays diverse characteristics, produced in every stage of basic development and research of coexistence of various methods and research techniques in the modern psychology research. Even in the same field, by the different methodology to guide the research methods are often co-exist at the same time. In summary learn what about psychological research methods to analyze the opinions and points out its existing problems, on the basis of our opinions about psychology research methods system is proposed.

- Empirical research method compared with the phenomenological research method apparently more conform to the requirements for the general objectivity of psychological research. The
psychology law of large number of the facts has proven that basically is not in the form of a complete and inevitable, but plays a role in the form of probability.

- Psychological research from the essence is mainly research that the relationship between the variables and, according to the study of the nature of the relationship, the relationship between empirical researches can be divided into research and causal research two types, the so-called causality research is the experimental research of psychology [6].
- Until modern times from the ancient philosophical psychology association, the researchers have been using this method of speculative study psychology. Until now, use the method of psychological research is necessary also play a role in the psychological research methods.

**The Development Pattern of Psychology.** The development of psychology is discrete, the lack of unity and integration, and it just goes to show that the complexity of psychological phenomenon. So far, has produced the experimental psychology, physiology and psychology, comparative psychology, developmental psychology, social psychology, personality psychology, abnormal psychology, clinical psychology, education psychology, human resource and industrial psychology as well as the military psychology and so on the follows main branch, and formed the seven major school of structuralism, functionalism, behaviorism, new behaviorism, gestalt, psychoanalysis and humanism. Each branch, each school has played an important role in the development of psychology.

Although great achievements have been made in contemporary psychology, it is still in the mature, is not a strict specification science. This is because, today is not a school can become recognized as a paradigm, not a theory can runs through the whole psychological activity of people, there are many concepts just simple lent from some other disciplines. At present, the world mainstream psychology situation of western psychology, the localization of psychology is mainly refers to a kind of social culture orientation problem, each country's psychology concept, theory and method adopted by the need to be able to effectively reflect the psychology and behavior of its people, as this principle is suitable for the psychology of each country.

With the deepening of the psychological research, people increasingly attach importance to the influence of different social and cultural background to the psychological process, under different social and cultural background so as to seek the special psychological phenomenon and under the background of variety of general, consistent with the psychological pattern. Therefore, cross-cultural study is quite common, become one of the important trends of psychological research. In order to better and effectively in cross-cultural studies, need to have a set of relevant cross-cultural research ideas and methods, including establishing an international project team, statistics and research design and methods, coordinate national group activities, made suitable for the conclusion of their respective cultural background and social conditions.

**The Psychology Research in China.** At present, Chinese society is experiencing unprecedented changes. In this environment, people under all kinds of mental stress, may induce a variety of physical and the mental diseases. The branches of psychology in our country, especially the physiological psychology, personality psychology and medical psychology branch are always pay close attention to basic research in the field of psychosomatic health [7].

Eastern and western culture has bred the respective traditional philosophy. Western traditional philosophy of cosmology of the atomism, mechanical and dualism, and the resulting mechanical, the division of the human nature, traditional oriental philosophy is characterized by organic theory of cosmology and the unity of nature and human nature. In general, the most striking difference is that western philosophy led to the production of the modern science, which has led to the superiorit of western culture in the last century. However, scientific achievement mainly reflects on the material rather than the spiritual civilization, it also reflects the fundamental problems of western philosophy.

Culture is the core of psychology is not a philosophy culture's goal is to adapt to not create. In an age of traffic block, the different geographical conditions determine the differences of culture, at the same time as also makes human different nationalities. Culture is the patron saint of ethnic diversity exists.
Culture has no, or only strength. The nativization of psychology in our country, it is to point to from foreign, especially the western modern psychology in China must adhere to the guidance of the Marxist dialectical materialism, using cultural analysis and empirical research method of combining the, in revealing and concluded on the basis of the law of the psychological activities of the Chinese nation, has identified to study psychology of foreign research results, establish scientific psychology system with Chinese characteristics that contribute to the world of scientific psychology. Under this general basis, we should then follow the listed suggestions for further modification.

- Continue to encourage the localization of psychology in our country each domain research, make the psychology in all areas of research ideas, research object and research method, etc., gets rid of the negative influence of the thinking mode of western culture [8].
- To overcome the bias on research methods of Chinese psychology, cultural analysis methods and natural science methods. For example, from the spirit of Chinese culture is extremely rich "culture" theory, the excavated is suitable for the senior people in the research of that the development of the psychological process, especially the human spirit.
- Chinese study of the history of psychology is fledgling difficult project that need to be more proficient in both eastern and western cultures and dedicated workers join in psychology. From the psychology development of our country for the consideration, relevant government departments should be to increase support for research in the history of Chinese psychology.

Conclusion

In this paper, we conduct research on the developmental trend of the western psychology and the influences on the psychology research in China. Psychology is an indispensable part of the system of human knowledge is the human needs to know themselves and improve important subject. From the application point of view, especially from the developed countries have already successfully applied psychology knowledge into with my point of view, relative to the other disciplines, to have a larger psychology is costs less a discipline, as long as we appropriately increased in the whole society on the psychology of people, can make her in play a good role in people's life and production. This paper proposes the perspective on the developmental trend of the western psychology and the influences on the psychology research in China. In the future research, we will combine more related research to further optimize our work that will be more consequential.

References


