

Practical Exploration of Implementing "Tutorial System" in Educational Management of Students Majoring in Physical Education

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Keywords: Sports major, Student management, Mentor system.

Abstract. With the continuous expansion of market demand and application fields, many colleges and universities in our country now have a major in sports? However, in most cases, the school's education model is severely separated from the employment needs of the enterprises, resulting in the failure of university graduates to effectively meet their needs Talent requirements. This is an exceptionally serious situation for PE majors who are relatively weak on the basis of their skills. Therefore, it is urgent to reform the training model of PE professionals. The use of mentoring system, you can clear the student-centered teaching philosophy, to strengthen the communication between teachers and students to promote the teaching of an important way, but also to promote the mentor. This article first analyzes the origin and connotation of the tutor system, then elaborates the significance of the tutor system for the students majoring in physical education, and finally puts forward some practical measures for the tutor system of the education management of the physical education majors. By studying the education management of PE majors, we hope that it can help students achieve all-round development.

Introduction

As a system, the mode of cultivating creative talents in colleges and universities includes two parts, that is, the mode of cultivating innovative talents and the environment for the growth of talents. The core of the talent cultivation mode is to actively cultivate innovative talents. The implementation basis of the model is that it has certain teaching organizations, including training objectives, professional structure, and curriculum system and teaching system. The growth environment of qualified personnel ensures the cultivation of innovative talents, including the teaching staff, Teaching hardware and campus culture. The cultivation of high-quality innovative talents must be carried out from teachers to students, from ideas to systems and from the software to the hardware environment in a comprehensive and multi-perspective manner^[1]. Talents training mode is a combination of established training objectives and personnel specifications, with a stable teaching content and curriculum system, management system and evaluation methods under the guidance of the scientific education thought to carry out the process of talent education, specifically including training objectives, training system, Cultivation process and culture evaluation. The implementation of tutor system for the education and management of PE majors helps strengthen the interactive teaching between teachers and students, fosters the students' interest in learning, strengthens teachers' sense of responsibility and scientifically constructs a harmonious campus, so as to continuously improve the personnel training level. The main purpose is to implement the responsibility of teaching and educating teachers, to better teach students in accordance with their aptitudes, to promote the healthy growth of students, to improve students' innovative learning ability, to promote the characteristics according to the actual situation of students Education.

The Origin and Meaning of the Tutorial System

In the 14th century, the teaching management mode of the tutorial system was developed at Oxford University in England. Its core idea was to continuously explore, explore and develop students' potential abilities, and cultivate the spirit of personal creation. The ideological content of the tutorial

system is to promote the teaching mode of individual guidance and emphasize the teaching content of German and wisdom and to create a harmonious, relaxed and joyful learning environment ^[2]. The tutor mainly provides all-round guidance for students' study and helps students to develop a learning plan, thus achieving great progress in their studies. At least once a week, students should receive a tutor's professional guidance, which includes research goals, reading books, raising and solving problems ^[3]. Basic meaning of tutorial system: students in the campus the whole process, equipping it with professional mentors, teachers through the education guidance to students, the implementation of the teaching work, fully develop the students' learning, the thought and moral character, have good teaching interaction system, improve the level of talent cultivation.

The Significance of Education Management System for PE Students

The implementation of mentoring system is conducive to improving the credit system and promoting the reform of higher education ^[3]. The professional tutor helps to improve the relationship between teachers and students, strengthens the communication between teachers and students, and maximizes the teacher's ability of teaching words and so as to guide students' learning and talent cultivation in an all-round way and promote the construction of study style.

Effectively Supplemente the Work of Thinking Education

Since the enrollment expansion of universities, it has greatly challenged the students' education management. Most of the schools with a counselor or even more than 200 people, as a direct result of on the one hand, due to the large number the counselor can't take care of, on the other hand, professional sports students personality traits is stronger, form the workload significantly greater than other professional. Most instructors are good at daily work management and ideological education, but is not good at professional counseling, and even a layman, and lack of effective communication between students, exercise their duties properly. As a tutor of professional teachers and full-time counselors has formed the different focus, pay more attention to guidance subject research, to use sports to understand students, to narrow the distance between teachers and students, prompted by the pipe primarily to give priority to in order to guide students, make students more active participation in learning. Indeed, the college students to enter colleges and universities due to sudden unloading heavy learning tasks, and pressure, and lack of effective supervision, parents of students into a loose free decadent. Based on this situation, it is of certain significance to implement the guide system in sports professional education management.

Students' Need for Rapid Growth

With the rapid development of society and the continuous deepening of education reform, the credit system is being implemented in many colleges and universities. On the basis of credit system, students can combine their own situation and rationally plan their college life. Students have a higher autonomy requirement, and students are free to choose courses and arrange the learning process independently. For college students who have just been liberated from the intense high school life, they have lost their opinions in highly autonomous learning, and some have even formed complaints. These changes are only for students who are entering college, who can't choose independently for their own development. Tutor system can be used for student learning plan, study plan, detailed interpretation of the professional situation and course selection principle, avoid the blindness of learning, to learn more easily to carry out the college life.

Special Needs of Sports Specialty

Due to prolonged exercise training, students majoring in physical education have relatively poor academic performance, meanwhile, training leads to a lively personality and irregular behavior. However, the unified management model of counselors cannot effectively adapt to this group, there is a lack of effective communication between students and counselors. Counselors are less able to fully understand students' ideological situations. In particular, some counselors do not have a formal education background and do not have a deep understanding of sports expertise or even some

prejudices. Professional teachers are very familiar with the situation of students, they can carry out targeted guidance and are well adapted to the development needs of students. In the same time, students are willing to communicate with professional teachers, so teachers and students will establish a harmonious relationship is very easy.

The Measures of Physical Education Students to Implement the Tutor System Practice

The implementation of tutor system in PE major of colleges and universities is the main measure of the reform of higher education. It is the need to achieve the goal of training and improve teaching level and teaching management^[4]. The implementation of mentoring system for PE major students can maximize the teacher's role in teaching and educating people, actively mobilize the autonomy of student learning, help students develop in an all-round way, and strengthen students' innovative awareness and overall quality and ability. How to improve the personnel training mode, innovate the methods of training qualified personnel and cultivate a large number of highly qualified personnel who have the ability to innovate and meet the needs of the society are the urgent problems to be solved in colleges and universities. Colleges and universities should carry out their work from the perspectives of personnel training, teaching and training procedures, and training mechanisms, and make overall plans and systematic reforms. The implementation of mentoring system in PE major of colleges and universities can strengthen the interaction between teachers and students and give full play to the role of teachers in training students.

Carefully Select the Tutor and Arrange the Work of the Tutor

There is a big difference between individual counselors and group instructional instruction activities. The emphasis is on establishing a mutual relationship between teachers and students, so a two-way choice should be made between mentors and students. This will help students combine their own interests and hobbies, knowledge reserves clear research direction, so that mentors in accordance with scientific research practice expertise to maximize the use of resources to promote the healthy development of training.

To carry out two-way choice, schools and departments should provide supervisors with academic standards, scientific research capabilities and research results to students, which is conducive to students' scientific choices. Teachers should formulate training targets in light of the actual conditions of students so that students can better join their own research in the project, promote individual development of students, and develop students' innovative ability.

Improve the Relevant Supporting System

1)Regular communication activities

The exchange activity system is specifically based on "family talk and heart" activities, mentors and students to establish "family" group, the use of WeChat, QQ and other channels to establish communication, student learning, life and emotion fully understand the situation for students to solve the problem.

Using long-term and effective exchange of teachers and students, instructors can understand the characteristics of students as a whole and gradually tap students' strengths and potentials. Students are encouraged to make continuous progress and actively cultivate students' autonomy in learning. Students will deeply appreciate their mentorship and trust their teachers.

2)Contact the normal mechanism of tutors and parents

Tutors reflect the situation of students to their parents in time and provide parents with some educational suggestions. Parents and mentors communicate with students in a timely manner about the personality characteristics and actual conditions in the family and society. With the joint efforts of mentors and parents, the tutors promote the students' Progress and development.

3)Experience communication system

Under the unified arrangement of the school, the PE major regularly conducts exchanges of experience meetings every semester, earnestly summarizes the gains and losses of the tutors in the

work, continuously improves the tutor system in practice, enhances the training of qualified personnel, and ensures the quality of personnel training to the greatest extent .

4) Scientific evaluation mechanism

In order to ensure the enthusiasm of the tutor, it is necessary to evaluate the work of the tutor in a scientific way. The school takes various forms to conduct a comprehensive examination of the tutor work. At the end of each semester, the tutor's work committee leads, evaluates and evaluates the tutor's work performance, Year assessment included in the assessment results, the outstanding instructors give various awards and rewards, for the work of the dereliction of mentors to appraise the first vote to vote for the system, to postpone the promotion of regular titles.

a) to realize the pairing of teachers and students

The main reason for the success of the tutor system is that the tutors and students can pair together properly to carry out the twinning work so as to cultivate a professional with a solid theoretical knowledge, a high technical level and a strong ability to innovate Talent. This is a very art-oriented work, the mentor is naturally willing to choose excellent students and students will choose their favorite mentor, if the free mentor and the students are allowed to choose and pair pairs will affect the mentoring and student work between pairs, but If you violate the needs of mentors and students can easily lead to conflict between mentors and students get the opposite effect. The major of physical education sets up the class tutor group with class as the basic unit, including counselors, physical education teachers, psychological counselors, and tutors. The counselors serve as team leaders and are responsible for class construction and student education management. According to the direction and specialty of the students' PE major development and the teaching situation of the teachers, reference is made to the way of selecting graduate tutors to establish the mode of students' free choice and cooperation with counselors and professional tutors to actively carry out teaching work.

b) clarify the responsibilities of the supervisor

Different from the professional tutor system at the graduate level, the former is a comprehensive mentoring system that provides students comprehensive guidance. The tutors need to contact all aspects to guide the students. To sum up, first, guiding ideological and political work, helping students to establish a correct outlook on the world and their outlook on life, guiding students to form lofty ideals and striving to build a socialist cause, and secondly, mentoring and emotional guidance to help students produce healthy, Up mentality, the formation of the perseverance and determination to overcome difficulties; Third, academic and professional guidance to guide students to develop learning objectives, correct student attitudes towards learning, imparting effective learning methods for students, when problems arise in a timely manner to solve problems; Fourth, employment and career guidance for students in university planning and career planning, a clear employment direction, the use of multiple channels for students to provide employment information.

Proper handling of working relationships between counselors and mentors. In sports majors, instructors and counselors are concerned with credit system and ideological politics as well as students' everyday content. Students are the core. In the job responsibilities and content of contact and differences between each other, if the mentor and counselor cannot coordinate their work well, the school will not be able to take effective work mechanism for them, inevitably there will be conflict between mentors and counselors. Therefore, supervisors and counselors should establish effective mechanisms to improve work efficiency. On the one hand, colleges and universities should clearly stipulate the job duties of supervisors and counselors, specify the working regulations of instructors and counselors, and establish a professional assessment system of supervisors and counselors so as to help instructors and counselors fully understand the work objectives and Content, a positive balance of work conflicts between mentors and counselors. On the other hand, the tutors and counselors work closely together to support each other, strengthen communication and jointly understand the students. Counselors emphasize collective education and management of PE majors, indicating a strong universality in the form of instruction, and the content of the guidance focuses on the management of students' affairs. Tutors are always guided by students' guidance in accordance with their aptitudes and have a thorough understanding of the student's internal situation. Tutors can

provide students' learning and living situations to counselors in their daily work. Counselors should also reflect the overall education of the class to their tutors so as to jointly promote their progress.

c) the operation of scientific professional guidance system

According to the objective of physical education, the learning task of curriculum setting, and the level of students' cognition of physical education in different grades, the professional teachers provide specialized guidance to students in all stages and form different tasks in different stages. The professional tutor of PE should choose the teachers with strong sense of responsibility from the professional teachers, and it is the responsibility to do the main condition of the tutor. The tutor system can be arranged according to the professional situation of the sports science, adopt the consistent system, and also can choose to implement in stages and sub-tasks.

Freshman stage. In accordance with the training program, in this session, professional tutors need to complete four aspects: First, to help students to establish ambitious ideal. The second is to guide students to master the correct learning methods. Third, to help students improve their self-management. Fourth, to cultivate the characteristics of sports sports market reflect the concept of planning and planning

Sophomore phase. At this stage, the tutor focuses on two aspects: First, provide reasonable guidance to the students who are more difficult to learn. The second is to guide students to combine their own interests and strengths to determine different professional direction, to further establish a knowledge system.

Junior, senior stage. At this stage, the tutor's work focuses on: First, introduce the employment situation of sports major to students in detail, and adjust the students' employment mentality scientifically. To provide students with scientific guidance in the future employment, so that students master the skills of the world. The second is to guide students to actively adjust their career mentality, ready for internships, candidates work.

Conclusion

Admittedly, it takes a long time to create a system. Mentor system from abroad, is still a new thing in our country, is in the research stage of exploration, the lack of a large number of implementation experience. Through the analysis, we can see that there are some unavoidable problems and difficulties during the implementation of mentoring system in PE major. For example, there are some problems in the mutual adaptation between teachers and students, such as failure to fully guarantee the interaction between teachers and students; the system is imperfect, there have been some problems that cannot be solved in the short term. Therefore, under the credit system under the conditions of the implementation of the tutor system of physical education also need to continue to improve.

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