Research on Ecological Sports Model from Perspective of Sustainable Development and Ecological Harmony

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Abstract

This paper analyzes the ecological sports model from perspective of the sustainable development and the ecological harmony. With the modernization of that the modern science and technology and scientific experimental methods and the formation and development of the modern sports, people have changed the concept and way of the thinking, so that people have realized that sports is a complex social phenomenon, its development and changes cannot be separated from society and some naturally, inseparable from the natural born from the people. In the long-term development of sports in China has struggled to give a kind of the Chinese sports spirit, such as competitive sports reflect the honor for the country, the spirit of selfless dedication, hardworking, such as mass sports again reflects the pursuit of health and beauty harmony and so on. Under this circumstance, this paper handles the countermeasures for the systematic solution.

Keywords: Ecological Harmony, Ecological Sports, Perspective of Sustainable Development

Introduction

The sustainable development took one kind obtains now the international society widespread approval brand-new development view that can involve each aspect inevitably which moves to the human society, in particular promotes human's comprehensive health activity to sports this kind has direct and the profound influence. Sports produce and development of the pursuit and ultimate goal is to achieve the sustainable development of the people, and then move to the sustainable development of the society. People need to seek itself through sports motive force of sustainable development as modern sport is inevitable with the global sustainable development and sustainable development.

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Sports is a systematic project, to achieve its sustainable development, but also to make its internal parts and between the external social environment between the coordination. The coordination of the sports itself is to make competitive sports and mass sports layout reasonable, so that the normal operation of the necessary funds for the financing mechanism, basic management mechanisms and regulatory mechanisms to coordinate with each other, do not occur internal friction. At the same time, the sustainable development of sports as an integral part of social development, we must achieve the sports and socio-economic, political, cultural and other aspects of the coordinated development. The former is the development of the former environment, from the environment, the development of the sports is just an empty talk and the former can promote the development of the latter, the healthy development of sports is conducive to social economy, politics, culture and other aspects of progress and development. Therefore, this paper will analyze this issue from the listed aspects.

- With the modernization of that modern science and technology and scientific experimental methods and the formation and development of the modern sports, people have changed the concept and way of the thinking, so that people have realized that sports is a complex social phenomenon, its development and changes cannot be separated from society and naturally, inseparable from the natural born from the people.

- From the point of view of the relationship between sports and environment, sports is a kind of practical activity, which is based on the needs of social development, the main means of the physical training, and the training of people to achieve social goals. This kind of purposeful activity is carried out in the vast space of the environment, and all of the behaviors of human beings are bound to be influenced and restricted by the environment.
The Proposed Approach

**Ecological Harmony.** The author believes that to overcome the shortcomings of the traditional ecological ethics, inherit the reasonable composition of traditional ecological ethics, combined with the reality, the establishment of harmonious ecological ethics, which is an effective way to solve the contemporary ecological crisis. The so-called harmonious ecological ethics refers to the harmony between man and nature and morality as the object of study, to solve the contradiction between man and nature as the ultimate goal, based on the human interests based on the realization of the new ecological balance of various moral behavior norms. Human benefits first should be a harmonious ecological ethic value basis that can be shown as the following aspects.

- The harmonious ecological ethics belongs to the category of ethics, and the basic problem of ethics is the relationship between interest and morality”. To leave the interests of the role of the decision to talk about morality can only be a kind of talk, which is the common sense of ethics. The essence of morality is the concrete manifestation of the economic relations and the superstructure and social ideology determined by certain social economic relations.

- Not only because the human benefit category contains human own each benefit, also contains all life existence the benefit, but all life existence benefit only is exists for humanity's benefit. Because the humanity only has the self-awareness animal, other existence self-awareness has not had the human benefit and other existence benefit has lost the existence value foundation.

- The starting point and the end point of human protection of the ecological environment as to protect the fundamental interests of the human survival and development. It is because of the human and the ecological environment between the existence of mutual interests, the ultimate goal of human protection of the ecological environment is to protect the human environment is inviolable, it can only be maintained by human survival and development of the interests of inviolability. It can be said that all human action carried out by mankind is carried out for the general benefit of mankind and the further applications.

**Sustainable Development.** For sustainable development due to meeting different angles, it has different meanings. From the point of economics, sustainable development has two parts, namely, continuous and development. Alleged continuing, it is durable and sustainable, it refers to the social and economic system by the outside world large interference to maintain their production ability. For development, we have defined through its comparison with the growth of, namely the series of basic economic and social goal. It can be seen from the economic growth to sustainable development, is the human understanding of the two leaps. From economic growth to economic development, people recognize the unity of economic goals and general social goals, and the development of sustainable development, so that people recognize the role of the environment in the basic socio-economic development. Thus, the sustainable
development of the public concept of the qualitative change from the previous "conquest and plunder" into the concept of "cooperation and coexistence" with nature, so that sustainable development has obvious fairness characteristics.

Sustainable development strategy not only to achieve the horizontal and fairness between the same generation, and more importantly, but also to achieve the fairness between the contemporary and the future, which is the traditional economic development model and the fundamental difference between the sustainable development model one. The ecology civilization requests to break the human center principle idea, during the development use natural resource standard humanity's behavior, maintains the human and the natural balanced and the basic coordinated development. The Chinese sustainable development must take the ecology civilized view as the thought foundation and the spiritual support, in the production and the life, in the technological innovation and the system innovation all persisted the ecology civilized orientation, protects the resources positively, reasonably and develops the use resources effectively, constructs the ecology civilization effectively provides the good resources environmental condition for that our country's sustainable development. The ecology civilized view establishment is the sustainable development forerunner conforms with the social development the rule, in under the ecology civilized view instruction, the negotiator and the human, the human and the natural relations realizes the sustainable development guarantee.

The broad concept of space and time and the sustainable development thought, the development of real worth, not only to human material and spiritual wealth accumulation of chardonnay, including ecological sustainable, long-term maintenance, it is possible to realize the sustainable development of the generations to come. This is the sustainable development of the concept of time. Thought of the sustainable development, with environmental issues gradually regionalization and globalization, the ecological sustained ability to mankind is faced with a common destiny, therefore, it must rely on regional sustainable development, international and the global sense full development and even the whole biosphere while this is the sustainable development of the space concept.

**Ecological Sports Model.** Before the modern sports while because sports failed to become an independent social practice activities, so people awareness of sports and often only stay in surface and local level, the vast majority of the theory is in understanding other social phenomenon, education, medical and health, military, etc.) in the process of the spin-off obtained, only in some form of the exercise and the effect of physical exercise and so on to reach a certain level. Considering the time of the Chinese condition, it should be focused more on the listed aspects.

- In the long-term development of sports in China has struggled to give a kind of the Chinese sports spirit, such as competitive sports reflect the honor for the country, the spirit of selfless dedication, hardworking, such as mass sports again reflects the pursuit of health and beauty harmony and so on. At this stage, through various media advocate this spirit of the sports, to achieve the return of the Chinese sports spirit.
The sustainable development of sports must follow the law of sports development. Therefore, it is necessary to study the factors that affect all aspects of sports development and create a favorable environment for its development. At the same time, we should carry out scientific research on the nature of sports itself under the guidance of science; and finally to strengthen the scientific research on the "anti-doping" in order to promote the anti-doping work more smoothly.

Development of the sports activities is closely related to certain physical facilities, the cause of China's mass sports undertakings of the physical culture and sports, especially in a serious shortage of physical infrastructure as to sports physical infrastructure and urban and the rural construction, the construction is carried out in a planned way and high quality. Government in the financial resources, to the extent permitted according to actual condition, and more money in undertakings of physical culture and sports.

The ecology basic principle may summarize abstractly for the material, the energy, the information in spatial, the time and the basic quantitative aspect best utilization principle, its essence is between biological and the environment relations. The sports ecology rationale is the human science, the sports science and the ecology science, namely human body in ecological environment movement and correlation matter energy flowing and storing overall. From the sports system and the constituent same biology relations question integrated analysis, the ecology principle may generally directly or it utilizes indirectly in the sports, and thus constituted the sports ecology basic principle.

![The Ecological Sports Model.](image)

The connection between sport and the environment is objectivity. The analysis shows that there is an inseparable relationship between sport and the environment, which cannot be independent of the environment. "Sports to the popular, large and ecological development that must have the enough environments to adapt." Therefore, the environment of space, time and affordability has become the focus of sports development and environmental ecological balance.
of contradictions, this objective which leads to the unity, the order of structure and function, the
directionality of organization and behavior, and the purpose of adapting to the development of
human beings in the way of unity and unity and these characteristics are the basic conditions of
a sports ecosystem.

**Conclusion**

This paper analyzes the ecological sports model from perspective of sustainable development
and the ecological harmony. Sports is a systematic project, to achieve its sustainable
development, but also to make its internal parts and between the external social environment
between the coordination. The coordination of the sports itself is to make competitive sports and
mass sports layout reasonable, so that the normal operation of the necessary funds for the
financing mechanism, basic management mechanisms and regulatory mechanisms to
coordinate with each other do not occur internal friction, Under this basis, this paper proposes
the novel idea on the issues that will be meaningful.

**Reference**

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