Introduction to Humanistic Care of the Student Thought and Political Education Work in Colleges and Universities

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Abstract. Humanistic care is one important measure of the university student thought and political education work, which is always the key point of the ideological work in colleges and universities. But with the development of the times and the progress of the society, the ideological work in colleges and universities is facing many new problems, this paper, combined with the actual situation, deals with how to solve these problems effectively in the process of more prominent humanistic care.

The University Student Thought and Political Education Work

College students is a mainstay for the future construction of the motherland, and education teachers, using the limited time, guide students to set up the correct outlook on life, values, and make clear the direction of the world for students, which is basically the core content of ideological work in colleges and universities. In the process, based on the theory of Marxism-Leninism and Mao Zedong thought, to practice the socialist core values is not only the university students’ ideological education work, but also of particular concerns for the society.

College Ideological Education Work the Necessity of Humanistic Care

Although college students in physical term are adults, because of the serious lack of social practice experience, particularly in the adolescent stage, university students’ ideological thoughts are highly active, so objectively speaking, their mental developments are still in the immature stage. This has brought certain difficulty and resistance for the specific implementation of ideological work in colleges and universities. In order to let students in career and life planning has clear trend and direction, the college ideological education adopts the humanities concern as the foundation, because on the one hand, it can reduce the resistance of the student, letting the student accept it naturally, on the other hand, it can fully embody the humanization of university’s ideological work, making the ideological content more close to the student life. Because students who are born in 90th are basically in one-child environment life, with comparatively weak independent initiatives, humanistic concern just can supplement and let the students keep a healthy state of mind.

College Ideological Education Work Is in Lack of Humanistic Care

For a long period of time, especially during the prevalence of “exam-oriented education” stage, college ideological education looks good on the surface, but not so for the students. It is showed in two aspects:

Firstly, in the name of the humanities concern, college ideological education work is “quantitative”, which is bad for students to correctly understand the importance of ideological education. College ideological education should come from the student’s thought and ideology as a corresponding heuristic education, but under the influence of exam-oriented education, it has fully implemented the ideological content in the text, and let the students use the most primitive form of memory to interpret, although it will make education assessment grades unusually good, but how much can the students understand the nature of ideological content is unclear.

Secondly, college ideological education work’s humanistic care measure is too rough. To carry out ideological education should follow the broad-mind process, but very few teachers in the
process of teaching adopt the form of a simple lecturing, and completely ignored the students’ ability to accept as well as cognitive ability, therefore gave students huge psychological pressure, and even some students will therefore produce certain negative mentality, thus completely against the college ideological education purpose in the first place.

The Specific Content of Humanistic Care Education Work of the Political Education in Colleges and Universities in the New Period

When the development of the society enters into the era of Internet, especially when the education system reform presents the “quality education” mode, the characteristics and the specific content of college ideological education work, especially humanistic care is also presented with some new content. In particular, it focuses on four aspects:

Firstly, adhere to the people-centered concept of education, and fully respect the students’ individual demands. While in college, students’ ideology has been in the independent state, but the differences between individuals exist, especially when logical thinking levels are different. Teachers should fully consider the objective facts and its influences on students, and they must adhere to the people-centered concept, respecting students with different learning demands, so as to let students to firmly set up the learning interest.

Secondly, adhere to the principle of equivalent education, and guide students correctly understand the essence of the political education. Marxism-Leninism and Mao Zedong thought and works have indeed brought great influences on student’s ideological level, as well as the student’s attitude towards the outlook on life, values and world view, from abstract to reality. But if teachers blindly emphasize mainly in the form of lectures, and don’t consider the student’s understanding of education essence, it may lead to the students ideological rigid, and it is not good for students to encounter wide-area level realistic problems in society.

Here the author particularly wants to stress that some teachers, on the one hand, think that ideological education work is rigorous, if in the process of teaching, debates occur, it is easy to let the students’ thought into excessive proliferation, on the one hand, ideological education teachers’ explained contents are systematic, it is informal to release their doubts. Although such original intention is good, but the author completely doesn’t agree with that, because for ideological education work, the root of the humanities concern is to make the teachers and students in a relatively equal environment, so that it can truly reflect the value of humanistic care. The teacher dignity does not follow the mechanical teaching environment, it comes from interaction directly with the student, so that the students respect them at the same time.

Thirdly, adhere to the education form of tempering justice with mercy, eliminate students of channels of communication and unhealthy thoughts. In the Internet age, the channels and means of contact with the outside world have increased, especially when the Internet real-name registration system is not fully implemented, some unhealthy thoughts even completely distorted the socialist core values are wantonly in the Internet environment. And some teachers, considering the traditional education teaching methods for students is too harsh, ignore the students’ contact on the Internet. This approach not only is totally wrong, but also easy to let the students’ logical thinking have great fluctuations. Therefore, the so-called “humanistic care” is absolutely undesirable. As a teacher, engaged in the work of college ideological instruction, must timely grasp student’s thought tendency, especially when students are browsing and searching the Internet information, the education teacher will show the attention it deserves. We must make it clear to students that, the form of humanism is full respect to the student, but if students ignore this respect and show unruliness, then it is no longer purely about the teaching goal task. Actually in some level, tempering justice with mercy is a concrete manifestation of humanistic care education concept.

Fourthly, adhere to the education theory combined with practical measures to encourage students to sum up experiences in social practices. In promoting the practice of socialist core values, the students’ theoretical knowledge is rich, and simple in school when the environment is relatively simple. The education teachers can, when the objective conditions allow, organize students to carry out some themes in social practice activities, and let students’ theoretical knowledge in the social
practice fully verified. This is to provide assistance for students to comprehend and understand. In this process, however, some teachers tend to avoid cases that may cause setbacks to students, but it doesn’t really fit, at the same time let the students sum up experiences, and lessons, and let the grown-up college students in one-child family environment to learn is not a bad thing, because they have some too self-centered ideas, rarely suffer frustration, which is not very scientific for the comprehensive development of the mind. Especially involving the issue of ideology on this level, the role of the teaching material of negative effects are sometimes more important than positive materials.

**College Ideological Education Humanistic Care Outlooks**

In the development era, the college ideological education human care measures are also quietly changing, in the next stage, some teachers use the Internet environment to carry out the combination method of online and offline diversified forms, for students to correctly understand and develop the connotation of the education, and it also to the largest extent, guide the students to avoid contact with some unhealthy ideas. The traditional ideological and political education work method ignores the students’ subjectivity, overlooking the humanistic concern for students, and has been difficult to meet the needs of the society and the demands of the students’ physical and mental development. We must adhere to the people-oriented way and reform.

**Conclusions**

Engzi said that “the gentleman must bear and be tough, for it is a long way to go”. For college ideological education, the humanistic care’s warmth should permeate into every link of education teaching management, to build a healthy campus culture actively, and spread subtly influences on the healthy growth of students, cultivate the students’ noble personality. And from the macro viewpoint, the students’ ideological education work, is not only a teacher education practice which is most accurately the representation of the socialist core values, but also the leading figure for the students, so the teacher’s ideological instruction image is more outstanding.

**References**