

The Study of the Strategies of Students' Effective Participation in College English Intensive Reading Teaching

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Keywords: English intensive reading teaching, College English teaching, Effective participation.

Abstract. The traditional college English intensive reading class is mostly taught by teachers, students are passive learners, and the learning atmosphere is serious and the study is inefficient, which cannot meet the high requirements of modern society for the practical knowledge and ability of contemporary college students. The traditional class education mode should now be changed. In English intensive reading class, students show negative participation or even non-participation, so the teacher has become the master of English class teaching. The communication between students and teachers in speech, behavior and emotion is not ideal, therefore, on the basis of the inability to interact, teaching becomes more boring, students are more reluctant to participate in it. To solve this problem, the author tries to analyze the internal factors that influence students' effective participation in intensive reading class, and external factors affecting students' effectiveness. The effective participation strategies are put forward.

1. Introduction

Nowadays, there are many problems in English intensive reading teaching. One of the urgent problems to be solved is the low participation of students. Students' effective participation in the class is directly related to the efficiency of English intensive reading class teaching. Relationship not only affects the achievements of communicative competence, but also determines the realization of teaching goals. The teachers' teaching practice of intensive reading in college English affects the effective participation of the classroom. Many questions are found, such as: 1) Paying attention to the teaching of grammar, words and sentences, ignoring the cultivation of communicative competence. 2) Lack of flexibility in teaching methods. 3) Students' poor oral and written communication skills. 4) Students' lack of ability to imitate and observe, conscious and unconscious language acquisition is poor. These problems are urgent to be solved in intensive reading teaching, which is crucial to improve students' class participation.

2. Basic Strategies of Improving Students' Effective Participation

2.1. Motivating Students' Participation Motivation

Learning English as a second language requires constant persistence and efforts. Therefore, in English class learning, students should be encouraged to maintain more stable participation. First of all, we should stimulate and cultivate students' interests in English learning and encourage students to participate in English class teaching activities actively. Inspiring and cultivating students' interests is a very important part of English teaching. Teachers should pay more attention to students' age and psychological characteristics, attaching importance to emotional education, so that students can fully understand the value of language learning and the established clear learning goals. Secondly, teachers should guide students to correctly understand the value of English intensive reading class participation. Class participation is not only valuable to students' academic performance but also to expressing ability, participating ability, and other abilities, so that students

realize that although class participation and cooperation with teachers is important, the improvement of their comprehensive qualities is more important.

2.2. Encouraging Full Participation of Students

Class teaching is the participation of all students in the whole teaching process, including the whole participation of action, emotion and thinking, not only the explicit behavior participation of action. Students' participation shows the student's main position. Teachers strengthen students' main position in teaching activities, which can improve the depth and breadth of students' participation. At the same time, when setting up plans before class, class teaching plans and after class review, teachers should fully consider student's interest, abilities and knowledge level, making targeted teaching to meet the needs of students to learn. When arranging and organizing teaching activities, teachers should combine various teaching methods to improve student participation, practice students' ability to deal with problems, so that in the process of learning, students can enhance learning confidence.[1] Teachers should establish an effective evaluation system, which take the active participation of students as an important part of the evaluation criteria, to affirm the effective participation of students in the whole process of learning.

2.3. Helping Students Improve Their Participation Strategies

Students at different levels have different learning bases, therefore, this differences should be fully taken into account when organizing teaching activities. Generally speaking, the content of teaching is one or two levels higher than the actual level of students, students may have the best motivation and participation. It is not conducive to students' class participation if the teaching contents are too difficult or too easy. Teachers should fully investigate students' learning level, carry out teaching activities, and teach more learning methods and pay more emotional attention to students with middle or lower learning level to improve their confidence and learning initiative, which can help them establish good English learning habits, so that they can participate in English intensive reading class activities more effectively.

2.4. Building a Humanistic Class

Teachers should take humanism as the theoretical basis in class teaching and make great efforts to organize this lesson, regard students as different individuals with rich emotions, not as the recipient of no feelings. In order to satisfy the students' self-development, we can create human-oriented class to meet the students' individual needs and help students enter the free and comfortable psychological state. If students can experience success and development, and reflect the value and importance of students, students can produce profound happiness and interests, which can meet students' needs for self-realization. In class teaching, teachers should not only focus on the acceptance of students' knowledge, they should pay more attention to the whole teaching aspects. Follow the law of development of the emotion, motivation and interests, teachers should pay more attention to students' interests, personality differences, promote the development of students' potential and interact with their emotions and cognition.

2.5. Building Harmonious Teacher-student Relationship

Whether the teaching process can be completed actively and effectively lies in the relationship between teachers and students and the relationship between teaching and learning. Communication between teachers and students can deepen the emotional communication, so that students can study in a relaxed and happy atmosphere. Under the environment, students can understand the teaching purpose, teaching methods, and get familiar with the teaching contents better. Good teacher-student relationship can narrow the mental and physical gap between teachers and students, obviously improving teaching effect. It is very important for teachers and students to participate in creative activities together effectively. Teachers should create more opportunities to communicate with students in teaching activities and promote a good relationship between teachers and students.[2] In the process of communicating with students, teachers should respect students and interact with each other in different ways, such as changing interesting topics, eye contact, short conversations, etc.;

listening to students, encouraging students and helping students achieve better learning results in the process of communication; creating a harmonious and democratic teacher-student relationship and class atmosphere. Good teacher-student relationship should focus on students' spiritual state, mental health, class learning process and knowledge transfer, cultivating students' good attitude towards study and life, and establishing good learning confidence. In modern society, information is sufficient, teachers should teach students how to choose the information you need among the complex information. Good teachers enables students to master how to choose the knowledge and acquire knowledge.

2.6. Improving the Quality of Teachers in All Aspects

Teachers often play multiple roles in the process of teaching. The knowledge on the books is conveyed to students through language, and teachers play the role of knowledge presenter. In the course of class, teachers interact with students through dialogues and other ways, playing the role of questioner. The teachers also play the role of evaluator, deciding the students' achievement, performance and learning effect. In the teaching process, the most important role of teachers is to present the information as a person reorganizing knowledge. Teachers reorganize teaching rules, teaching methods, teaching contents and other knowledge, conveying to the students in the most acceptable way. This process of "reorganizing" requires teachers to focus on teaching material, pay attention to teaching methods and communication with students. The comprehensiveness of these teaching tools and teaching ideas requires teachers have basic teaching skills, flexible thinking and teaching methods. According to the ability and personality of modern students, teachers should learn and absorb the latest and most advanced knowledge, making continuous progress.[3]

2.7. Enriching English Intensive Reading Teaching Methods

2.7.1. Creating Good Situations and Stimulating Students' Interests of Participation

Interests can make students confident, change from passive to active, become innovative. Interest is a great driving force for a person to develop ability and acquire knowledge. Teachers can check the background knowledge according to the text before class. Students can be asked to collect information about several important items in background knowledge. Students can learn the text through the Internet before class. In this way, students can promote their understanding of the text, and help their ability to learn independently, which can arouse their interest in understanding the text.

2.7.2. Setting up the Goal of Class Participation and the Importance of Class Participation

In order to make students realize the importance of class participation, students need to be involved in class. The methods are as follows: First, teachers can establish a class participation incentive mechanism. In the initial stage, students can participate in the class presentation, class discussion, questioning, review of knowledge. Teachers evaluate the students' participation in a scientific way. Second, teachers can help students to set up the goal of participating, which is specific to how many times you think and ask questions. Students set their own goals, preview and review, thus establishing participation goals of this term. Third, teachers can help students compare their scores before and after participation to make them feel successful.

2.7.3. Create Conditions for Participation

The role of teachers changes from authoritative instructors to participants and organizers. The change of roles gives students more space to act, more time to think, more joy of success and more chance to show themselves, inspiring students to explore and create constantly, solve problems and cultivate the consciousness of innovation. For example, in intensive reading class, the teaching activities can be group topic discussion and role play.

2.7.4. Creating Real Life Situations

Connecting boring English knowledge with interesting life experiences can improve students participation and stimulate the enthusiasm of students to participate. For example, in English intensive reading class, some teaching methods are as follows:

1) Encouraging expression: Teachers can encourage students to build confidence when learning English. The class activity is named “I can speak!”, teachers give students positive psychological hints so that students can accept English expression from heart. Before such a class activity, the teacher should prepare enough and relatively simple materials for the students to participate the entire process happily. By expressing their own views, students can experience the fun of using English.

2) Explaining the story: Teachers can choose meaningful, close to life and relatively easy materials, such as comics and animations. Students make English presentation according to the materials.

3) Class activities: Teachers can design some interesting activities, such as guessing, tongue twisters, English lyrics understanding, fashionable English to stimulate students’ enthusiasm and emotion.

3. Conclusion

The purpose of modern teaching is to let students master not only knowledge on books. In modern society, people no longer value only how much knowledge you know. Comprehensive abilities and qualities, including practical ability and ability of innovation, are more important. These new requirements require teachers to expand the scope of teaching, provide more space for students to communicate, analyze questions and deal with problems. Through actual participation in English class, students can improve their comprehensive abilities and qualities.

Acknowledgement

This article is in the teaching project “Construction and Practical Study of EGP+ESP College English Courses System in Private Universities” No. LMJX2021234; “Research on the Application of Production-oriented Blended Teaching Method in College English Writing” No. LMJX2021236; “Research and Practice of College English Hierarchical Teaching Combining Individualized Teaching and Autonomous Learning—Taking Shenyang Urban Construction University as an example” No. JG201913.

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