

## Medical College Badminton Club Development Present Situation Research

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**Abstract.** This paper used questionnaires, statistics, literature, schools badminton schedule, venues and equipment, student perceptions of badminton and other aspects of investigation and research, and concluded that curriculum content and activity time are unreasonable in Gannan Medical University, which is not very widespread, and other problems also exist, such as insufficient funds, consumer awareness of students' health is not fully formed, and so on. This paper put forward appropriate proposals and measures for Medical colleges and a solid basis for the development of Badminton Club.

### Introduction

The development of University Badminton Club to promote badminton development, at the same time can improve students' love of badminton, to enrich the students' extracurricular activities and improve their flexibility and enhance their physical, more conducive to exchanges between students. Guide students to develop physical activity, establish a "life-long sports consciousness", in line with the current reform of school physical education and school sports development.

### Subjects and Methods

#### Subjects

Students participating in the Badminton Club in our school. Some optional badminton lessons students

#### Research Methods

**Literature search.** Through books, journals, newspapers, and knowledge network, Wanfang data, such as Web site access to relevant documents, to summarize the literature.

**Documentation.** If necessary, relevant experts, teachers, management and leadership, Club members are investigated. Get advice.

**Field reconnaissance.** Through interviews and field observations with teachers, get detailed information, provide a basis for research of this topic.

**Questionnaire survey method.** Reliability and validity of the questionnaire. Issued 100 and 100, the effective rate is 100%.

**Statistical method.** On the data statistics and analysis using EXCEL.

## The Results and Analysis

### Badminton in Our College Students ' Acceptance Analysis

Table 1. Gannan Medical College Students ' Love of Badminton Questionnaire.

Like degree	number	percentage (%)
Very like	sixty-one	sixty-one
like	twenty	twenty
Don't like	nineteen	nineteen

Badminton with outstanding skill, entertainment value and exercise the majority of students enjoy. From table 1 we can see that badminton in our school has good students, interviewed 100 out students reached 61 people were like, total number of 61%. Dislike for 19 per cent of the total number of 19%. Most of the students prefer badminton. Number of optional courses for badminton and more a lot of students have high enthusiasm for badminton and hoping through sports elective or extracurricular Club training to raise the level of his sport, and exercise.

### University Students in the Analysis of Understanding Level of Badminton

Table 2. Gannan Medical College Students ' Understanding Level of Badminton.

	number	percentage
Very familiar with high sports skills	5	5%
Understand, have some motor skills Understand, have some motor skills	18	18%
Understood, but not how to play	63	63%
Don't know, played badminton only for exercise to sweat	10	10%
cannot be designated	4	4%

A lot of students like badminton, but don't know about badminton, high school participation, but low level. Badminton Club, the situation is still very necessary

### Our Badminton Basic Situation Analysis

As the Badminton popularity is high in the class, many students choose not to selected to badminton, or limited classroom time is not met, wanted to improve the technology of students choose to attend extra-curricular Badminton Club. Through practical research has observed, still have more extra-curricular activities of the students choose to play badminton Hall exercise venues continue to be in short supply. Badminton venue most suitable size for four people, if the excessive number of sites prone to injuries, and the training effect will be greatly reduced. Irrespective of the number of school sites in the class or extracurricular activity is still far from enough to meet the needs of the students.

### Club Teacher Situation Analysis

In the current badminton development in our school, we can conclude that fewer badminton professional teachers, many teachers are other special part-time teaching of badminton, or through short-term training and self-study. Badminton in the usual teaching teachers are assigned to students there are many teachers who fail to understand students' mastery of badminton. Problems

arrangement of the school curriculum, teacher's teaching burden, cannot spare more time and energy to participate in the Club's teaching, Club teachers are hard to find, Club courses is limited, and students more extensively with fitness program, fitness purpose has weakened. This is by far the most common in colleges and universities of our country. Current members of our Club is to use extracurricular training in the afternoon, have a professional badminton obligations outside the working time of teachers trained to instruct Club badminton action, this situation creates increased pressure on teachers.

## **Conclusion and Suggestions**

### **Conclusion**

My enthusiasm high school students to participate in badminton, but the overall low level of movement, combining form of after-school clubs are urgently needed to meet the demands of learning in our students participate in badminton.

Site does not meet the needs of teaching and Club.

Badminton insufficient teachers and extracurricular training in both teaching and organization of the Club at the same time, increased teacher workloads and pressures.

### **Suggestions**

School leaders should attach great importance to popularization and development of badminton sport in University work, development planning into the school Badminton Club sports and education development master plan and giving political and economic support. Study and formulate policies on Badminton Club, Badminton Club, project development, organization, teachers are equipped with a comprehensive standardized management. School departments should coordinate distribution and, for badminton development assistance departments exchanged views for the University Club on sustainable development and healthy development to provide strong support and help.

Recommend to the Club in the school's journal and bulletin boards to promote badminton so that students can better understand the sport, win public recognition and business support, good sustainable development of badminton is possible.

As people of the constant pursuit of badminton venue which could not meet the needs of the students of the school, the school should build more badminton courts, and improved facilities, providing students with a good environment.

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