Practical Study of University Tennis Teaching for International Students

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Abstract. The paper is an analysis of carrying out the international program in university, teaching tennis for international students and building training objectives and improving culture exchange. Besides, the paper shows us how to set up management system and evaluation mechanisms for international students and make full use of university resources to explore tennis instructors’ ability in developing students’ abilities of playing tennis and improve the supervision and guidance of tennis instructors as an international program in university.

Introduction

Chinese education is facing new situations and new requirements of Chinese college education. College physical education, as a part of college education, lacks the experience in teaching international students who desire to take P.E. classes and explore the culture in China.[1] Students’ and teachers’ multi-abilities are deficient now. The main factor is lack of the abilities of language, professional knowledge, setting up specific regulations and rules. Therefore, it is really a problem how college physical education completely exerts its special function and how to treat international students’ activities as extra P.E. classes. This article discusses how to establish a kind of work system which named International Tennis Instructor in Carrying Tennis Teaching in order to enable International Tennis Instructor to cooperate with secondary academies and train elites in guidance departments and academies. This aims to provide revolution of college education with some theories and experiments.

Necessity of International Tennis Instructor

International Tennis Instructor

With the increasing requirement of teaching P.E. for international students in university education, we take teaching tennis as an example to offer an international tennis program, called International Tennis Instructor, which is supported by P.E. Department and International Exchange College. In the course of teaching, we realized that it is a turning point that college physical education needs improvement in international students and developing tennis instructor should be treated as a main method of exploring globe education in university in China.[2] We ought to insist on the organizational policies and facing all of the students, and meeting everyone’s demand of taking exercise. The Sports ministry should oversee practice of the program, form the group of teaching and establish the platform of research in the academies including telling the meaning of globe education for university education and deeply understand the importance of group work and competition.

Purpose

When we carry out operating the project, it is necessary that the project should actively lead students and organization to obtain two goals. It means the project helps students to establish a
concept of “health first” and develop a habit which sticks to taking exercise and studying the method and process of taking P.E. class with playing tennis in China. In order to create a platform of studying, playing and exchanging, the project can establish a long-term system of tennis class on campus and realize the target of “everyone has events; every class has team; every competition is constant.” Taking part in tennis competition should be regarded as a main point during achieving the goal of International Tennis Instructor program and student ought to practice it in every class.[3] Competition should be held among students, including between native students and international students, and among international students. At the same time, after-class training that contains high educational and cultural value and students are fond of should be increased in order to make international students deeply master the skills of playing tennis and understand Chinese traditional P.E. teaching method and typical Chinese culture.

Establishing and Supervising

Carrying Out the Program

International Tennis Instructors means those who are belong to the staff of Physical Education Department in university and invited to take tennis class, carry out training and instruct playing tennis in the course of tennis game. The establishment of the system is to meet the demand of taking exercise and take advantage of physical education teachers in university who have enough sports knowledge and expertise to guide international students to join physical exercise so that they master the scientific exercise methods and gradually develop the habit of scientific fitness.[4] Students’ health can be constantly improved when we guide international students to learn tennis skills and training their organizational skills. The program can be developed smoothly.

Main Task of the Program

Training manager. After the implementation of the guidance of the departments and Institutes, this program should pay much attention to make the full use of the activities of training and playing tennis so that the students promote their skills and find out the manager who can make the class or group operate successfully and smoothly, and improve the quality of physical education activities, group competition and other activities platform of international students activities where they can learn from teachers and partners.”

Carrying out inspection. International Tennis Instructors should always communicate with the department, receive information from the department and feedback to the department. The manager who takes charge of the work of cooperating with instructors can guide the international students to launch community activities and plan to solve the problems that happen in the group activities. At the same time, they can strengthen the manage in the process of monitoring and the implementation of group activities and extremely promote the development of International Tennis Instructor.

Summarizing the performance. In the course of carrying the program, we should specially focus on accumulating experience and solving the problems in order to offer the correction as soon as possible. Outstanding performance of the program can improve building a new goal and achieve it. All the activity experience and information concerned, according to the requirements of the summary, can become the evidence that will be used and effective in the evaluation of the program. Summary improves the effectiveness of teaching and studying so that all the international students can benefit from the program and increase the level of health and quality of physical education.

In order to strengthen the management in the process of International Tennis Instructor and make it effective that guide international students to playing tennis, to obtain a good result and promote the level of teaching in Physical Education. Besides, the program can contribute to enrich the knowledge and life on campus and be helpful for supervising the international students.
Management and Evaluation

The Management of International Tennis Instructor

Physical Education Department appoints a manager who takes responsibility on carrying the program with the help of International Exchange College. Each year the sports ministry for the physical education teachers to hire "international tennis instructor" for a year. The sports ministry group is responsible for arranging the sunshine sports instructor to contact the department and college. It is also responsible for the work of the plan and implementation steps like job summary, events summary and attending.[5] Physical Education Department and International Exchange College will arrange for a counselor as part of promoting plan in each college. They all will be evaluated according to their performance in each semester.

The organizer who advises the team to operate strengthens the contact with international tennis instructors, faculty, colleges, and constantly understands their situation to fulfill the program successfully. It is tremendously necessary for the participants to coordinate in order to support and help them achieve the task of the program.

The Evaluation of International Tennis Instructor

As for the evaluation of the program, international tennis instructor evaluation is a comprehensive system and it is divided into three indexes. First, developing the plan accounts for 20 percent; Second, The organization accounts for 10 percent. Third, Carrying out activity accounts for 40 percent; Third, the winner of competition accounts for 10 percent. The 20 percent left in the work will be evaluated by 5 different aspects.

Perfecting evaluation indexes is based on first-hand indexes and materials and various aspects of evaluation can become a more comprehensive reflection of international tennis instructor in teaching and learning. In this case, it is better to manage and supervise international students so that we can offer a better service to them and carry out the program to complete the task.

International tennis instructors need to meet the demand of international students studying, researching and playing tennis games in accordance with regulations and rules.[6] The performance of international tennis instructor is evaluated by specialists from the Physical Education Department at the end of each semester. They can hand in the relevant documents and materials of International Tennis Instructor and specialists give a feedback of the various performance of the level of playing tennis.

Evaluating the performance of international students in the course of studying how to play and playing games among them or with students of other colleges is key method to promote the establishment of international tennis instructor. The program leads tennis group under the competition group, activity group, publicity group, office, college belongs to the class of international students.

The method of evaluation is divided into the ratio of 3: 3: 4 and 3 scores. Physical Education Department will give rewards and regard it as credit of second class.

Participating in the international tennis instructor work and getting outstanding achievements is the priority of the future promotion and recommendation.

Suggestions

International tennis instructors selected by sports ministry should have a high standard of playing and teaching tennis with professional background in order to play a key guiding role at carrying out the program.

International tennis instructors should have creative and innovative spirit so that they can carry out the program efficiently and effectively.

International tennis instructors in the work should ask for help to the college student union and elite in the sports ministry. They should pay much more attention to the group and institution built by the sports organizations and activities’ recreation center.
The program should be based on establishing tennis studying, teaching, guidance, supervision and evaluation mechanism so that we can ensure the planning and development guidance, the activities of the process of supervision, assessment and inspection indicators, increase recognition efforts to carry out international tennis program.

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