Research on the Current Situation and Countermeasure of Campus Football in Nanchang Undergraduate Colleges and Universities

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Abstract. This paper takes six undergraduate colleges and universities in Nanchang as the research object, mainly using the methods of documentation, interview, field investigation and mathematical statistics to study, in-depth understanding of the current situation of the development of football in six undergraduate colleges and universities in Nanchang. This paper also analyses the current situation of football in Nanchang undergraduate colleges and universities. Conclusion: The football curriculum of undergraduate colleges and universities in Nanchang is unreasonable, and the number of football teaching is large, which cannot meet the basic needs of students. The quality of teaching has not been improved. Football professional teachers are lacking, the existing level of football teachers is low, and it is difficult to recruit professional football teachers. The lack of campus football venues and facilities hinders the development of campus football in Nanchang undergraduate colleges and universities. Football special funds are less, mainly reflected in the lack of support from school leaders. It has greatly affected the development and popularization of football in Nanchang undergraduate colleges and universities.

Introduction
Football is the first sport in the world, and it is deeply loved by college students. Many young college students get happiness and exercise through football training. And actively participate in football. As the capital of Jiangxi Province, Nanchang has many colleges and universities, which have carried out football teaching. Football has become a compulsory course in every university in Nanchang. How to better carry out football in Colleges and universities has become a research topic for college football teachers and coaches. For this reason, this study will take six undergraduate colleges and universities in Nanchang City, Jiangxi Province as the object of investigation, to conduct in-depth discussion and Research on the current situation and problems of campus football in undergraduate colleges and universities in Nanchang City, Jiangxi Province.

Research Object
This paper mainly chooses six universities in Nanchang as the research object, namely (Nanchang University, Jiangxi University of Finance and Economics, Jiangxi Normal University, Jiangxi Agricultural University, East China Jiaotong University, Jiangxi Normal University of Science and Technology)

Research Method
Documentation Method
Through the library of Jiangxi Normal University of Science and Technology, 35 papers related to college football in the past five years were consulted. Through reading and understanding the current situation and existing problems of football in five-year undergraduate colleges and universities in China. It lays a solid theoretical foundation for the writing of this paper.
Interview method

Through interviews with football teachers and school managers in six undergraduate colleges and universities in Nanchang City, the current situation and existing problems of the development of football on campus in Nanchang City's undergraduate colleges and universities are understood. At the same time, we consulted well-known experts in Jiangxi football field, feedback the current situation of football development in Nanchang undergraduate colleges and universities, and listened to experts’ opinions on promoting football development in Nanchang undergraduate colleges and universities.

Fieldwork

We went to six undergraduate colleges and universities in Nanchang to conduct field research, mainly to understand the teaching development, teachers, venues, funding and so on, and collect the first-hand information of the surveyed schools.

Mathematical Statistics

Through SPSS20.0 software, the survey data were analyzed scientifically.

Research Results and Analysis

Development of Football Teaching in Colleges and Universities of Nanchang City

Through on-the-spot investigation and interviews, it is found that football teaching has been carried out in six undergraduate colleges and universities in Nanchang. The teaching hours are two lessons per week and 45 minutes per lesson. It reflects that football teaching in undergraduate colleges and universities in Nanchang is relatively stable. But there are also a series of problems. 1. Football teaching is mainly aimed at the elective courses of freshmen and sophomores. The third and fourth grade students do not teach football. From the whole football learning cycle of students, they have only studied for two years, and the systematic training is not enough. The football level of students is lower than that of other colleges and universities in China. Secondly, the problem of teaching venues is more prominent, because there are more students and fewer venues in football class. In football teaching, most of the students mainly practice basic skills, and the whole-court antagonistic practice is less. There is a lack of practical exercises in teaching. It has no effect on improving students’ practical experience. 3. There is no segregated teaching in football elective courses. In the mixed classes of men and women in football teaching in these six universities, boys and girls learn the same football content, but the learning effect is totally different. Boys are better than girls. In the teaching competition, girls can only pass the ball on the edge of the teaching field. The boys had a full-court confrontation. 4. There is no small class teaching in football elective courses. It is well known that football has five-person system, seven-person system and 11-person system. In regular football matches, up to 22 players compete, plus several substitutes. Thirty people are relatively suitable. Therefore, in the teaching process, 30 people participate in football training is relatively appropriate. However, the football teaching of six undergraduate colleges in Nanchang basically reaches 50 students, which makes the football field insufficient and the teaching quality not improved.

Football Teachers in Colleges and Universities of Nanchang City

At present, the country pays more and more attention to campus football. Focused on creating a series of campus football matches from primary school to junior high school, high school, University and so on. The requirement for the level of football teachers is also getting higher and higher. Through field investigation and interviews of six undergraduate colleges in Nanchang, it is found that professional football teachers in six undergraduate colleges in Nanchang are relatively deficient, and there are fewer high-level teachers, especially those with senior professional titles. The reasons for its appearance are analyzed. First, since 2001, China's colleges and universities began to expand enrollment, a large number of students flooded into colleges and universities, the
original balance between teachers and students in Colleges and universities has been broken, it is necessary to recruit football teachers to meet football teaching. However, for their own development, each school has relatively high recruitment conditions, and the academic qualifications require more than a master's degree. This makes it difficult for professional football coaches to enter colleges and universities. However, the recruitment policy of colleges and universities in Nanchang makes the excellent football teachers in Colleges and universities relatively deficient. Second, the original professional football teachers’ football skills are relatively deficient, and there are few high-level football teachers. Especially the teachers who teach football in some schools are not professional football graduates. Part of it is the requirement of the school to change its profession. It is well known that the level of football teachers in football teaching directly affects the students’ football skills. The higher the level of football teachers, the higher the level of football for students. There was a positive correlation. To sum up, the level of teachers in six colleges and universities in Nanchang is relatively low, which is not conducive to the teaching and development of football in Colleges and universities.

The Situation of Football Places in Colleges and Universities of Nanchang City

The development of campus football must have special football facilities and equipment as hardware support. Only when the facilities and equipment are guaranteed, can the campus football in Colleges and universities be carried out smoothly. Through on-the-spot visits and observations, it is known that six undergraduate colleges and universities in Nanchang have football fields, and each school has basically two football fields. But in reality, it is far from meeting the needs of students. The above six schools have a large scale of students, with more than 20,000 students. Therefore, the two courses cannot meet the needs of football teaching and sports training. Many students have to give up football practice and engage in other sports, which has a great impact on the smooth exhibition of College football. It hinders the development of football in Colleges and universities in Nanchang. How to solve the current widespread imbalance between the supply and demand of venues and personnel has become an urgent matter for colleges and universities in Nanchang.

Funding Input of Colleges and Universities in Nanchang City

The smooth development of football cannot be separated from the teaching of teachers, the support of site conditions, and the support of schools for football. The support of special funds is a major part of school support. Through field visits and surveys, it is found that colleges and universities in Nanchang have relatively little investment in football funds, and many school leaders do not attach much importance to football. Some schools’ sports funds are mainly used for sports projects which are beneficial to the development. There is no special funds for the big project of football, but only a small amount of funds for the school team representing the school. Therefore, the development of football in Nanchang undergraduate colleges and universities is extremely unfavorable.

Conclusions and Recommendations

Conclusions

(1) The football curriculum of undergraduate colleges and universities in Nanchang is unreasonable, and the number of football teaching is large, which cannot meet the basic needs of students, and the quality of teaching cannot be improved.

(2) There is a shortage of professional football teachers in undergraduate colleges and universities in Nanchang. The current level of football teachers is low. It is difficult to recruit professional football teachers.

(3) The lack of football venues and facilities hinders the development of football in Nanchang undergraduate colleges and universities.
The special funds for football in undergraduate colleges and universities in Nanchang City are less, which is mainly manifested by insufficient leadership support. It has greatly affected the development and popularization of football in Nanchang undergraduate colleges and universities.

**Recommendations**

1. Constructing a reasonable undergraduate football teaching system, teaching football courses in different periods, and making good use of after-school time to form football associations. Increase the time for students to contact football. To cultivate students’ enthusiasm for participating in football.

2. In the recruitment of football teachers, we should set up a green light, introduce or employ some professional football coaches to teach football, at the same time train the existing football teachers and let them go out for training so as to improve their football professional level.

3. Make good use of the existing football venues, and transform the 11-person court into the 5-person court. At the same time, some basketball venues are reformed to form a multi-functional court to increase the efficiency of the use of the court.

4. Schools have increased their investment in football. At the same time, we should establish some channels of funds and introduce social sponsorship. Through various sources of funds, improve and promote the development of campus football in undergraduate colleges and universities in Nanchang.

**References**


