Study on the Mode of Home Care for the Aged in the City of Qiqihar from the Perspective of Integration of Medical Service and Pension Service

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Abstract. The mode of providing for the aged in Qiqihar is mainly based on Home care for the aged, and is also the most active mode of providing for the aged so far. With the deepening of aging in our city, the elderly physical function continues to decline, we need to set up the model of integration of medical service and pension service. This paper introduces the status quo of basic mode of Qiqihar old-age home, through the analysis of the survey data of Qiqihar, the development of home care industry should pay more attention to the health of the elderly community health care service center, accelerate development, and puts forward some countermeasures and suggestions to improve and develop the home care model, to promote the development of home-based care services.

Introduction

With the development of aging population and economic society, and adapt to the reform of socialization of social welfare in China, home care for the aged throughout the country to flourish, formed a unique home care model. The city of Qiqihar has adapted to the development trend and explored various ways, and gradually formed a new mode of home care for the aged in the new situation. In August 2014, by the Ministry of civil affairs, the national development and Reform Commission identified as the national comprehensive reform pilot city pension services, facing a huge number and high demand of the elderly, and solve their problems in life care, health care, economic support, spiritual solace, become one of the important problems that the government needs to solve. In order to promote the accelerated development of pension service industry, Qiqihar takes the home care as an important strategy to promote community construction and build a harmonious society.

Status Quo of Home Care for the Aged in Qiqihar

The total of population from the beginning of 2009 decreased year by year in Qiqihar, the proportion of the elderly population is on the rise from the table1 “ demographic change statistics of Qiqihar from 2006 to 2016” (providing from Qiqihar Public Security Bureau Population Information Center). According to the Qiqihar Public Security Bureau Population Information Center statistics, by the end of 2016, the total population of Qiqihar reached 5,465,000, of which more than 60 years old 135,000, accounting for 18.9% of the total population. It is estimated that by 2020, the city will enter the peak period of population aging, the elderly population reached 120,000, accounting for more than 20% of the total population. The aging population presents the characteristics of high proportion, rapid growth, old age and heavy burden of social support.

The survey results show on “display in downtown Qiqihar public pension survey” by the team of Qiqihar National Bureau of investigation team, the most common way of providing for the aged is to take care of the aged at home for 90.3%; and in nursing homes, apartments for the elderly or relying on community care accounted for only 1.8% and 24% respectively [1]. The survey show on “life from the state and demands of retired elderly survey in Qiqihar”, 77% expressed the hope established of activity center for the elderly community, 20% demand for public facilities, community streets, 29% need for Community Health Service Center, 23% needs community health care, 26% needs care
service, there is a demand for community pension service center, home cooking, chatting and spiritual comfort etc. force type ratio is more than 10% [1]. The needs of elderly is increasing on medical care, fitness and entertainment, housekeeping, cooking and other aspects of the spiritual comfort, diversified development trend of the demand for pension services, the municipal government should accelerate the construction of home-based care services system, to meet the needs of the elderly, to promote the development of the pension industry.

Table 1. Demographic Change Statistics of Qiqihar from 2006 to 2016.

<table>
<thead>
<tr>
<th>Years</th>
<th>Total population (10,000 person)</th>
<th>Total population change rate (%)</th>
<th>Population over 60 (10,000 person)</th>
<th>Proportion of people over 60 (%)</th>
<th>Population growth rate over 60 (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2006</td>
<td>563.9</td>
<td>1.3</td>
<td>63.9</td>
<td>11.3</td>
<td>7.4</td>
</tr>
<tr>
<td>2007</td>
<td>567.8</td>
<td>0.7</td>
<td>67.3</td>
<td>11.9</td>
<td>5.3</td>
</tr>
<tr>
<td>2008</td>
<td>569.2</td>
<td>0.2</td>
<td>70.6</td>
<td>12.4</td>
<td>4.9</td>
</tr>
<tr>
<td>2009</td>
<td>570.3</td>
<td>0.2</td>
<td>74.1</td>
<td>13.0</td>
<td>5.0</td>
</tr>
<tr>
<td>2010</td>
<td>568.1</td>
<td>-0.4</td>
<td>77.3</td>
<td>13.6</td>
<td>4.3</td>
</tr>
<tr>
<td>2011</td>
<td>567.3</td>
<td>-0.1</td>
<td>81.1</td>
<td>14.3</td>
<td>4.9</td>
</tr>
<tr>
<td>2012</td>
<td>559.1</td>
<td>-1.4</td>
<td>86</td>
<td>15.4</td>
<td>6.0</td>
</tr>
<tr>
<td>2013</td>
<td>557</td>
<td>-0.4</td>
<td>88.4</td>
<td>15.9</td>
<td>2.8</td>
</tr>
<tr>
<td>2014</td>
<td>539.9</td>
<td>-3.1</td>
<td>91.33</td>
<td>16.9</td>
<td>3.3</td>
</tr>
<tr>
<td>2015</td>
<td>549.4</td>
<td>1.8</td>
<td>99.4</td>
<td>18.1</td>
<td>8.8</td>
</tr>
<tr>
<td>2016</td>
<td>546.5</td>
<td>-0.5</td>
<td>103.5</td>
<td>18.9</td>
<td>4.1</td>
</tr>
</tbody>
</table>

Analysis on the Development of Home Care Model in Qiqihar

The socialization, community and information of the pension service industry are insufficient, and the home care service network is imperfect. The progress of society promotes the improvement of people's living standard. People are also increasing demand for quality of life. A single pension model cannot meet the needs of the elderly, should give full play to the role of individuals, families, communities, the government, and jointly build a new home care for the Elderly Security Network [2]. In this layer, speaking of Qiqihar home care career is still a long way to go, medical support mechanism needs to be improved. Integration of medical service and pension service is conducive to solving the two major problems brought about by the aging society, that is, the elderly economic support and health services, and enrich the content of pension services, improve the quality of pension services [3]. Not only for the elderly to provide medical care, disease diagnosis and treatment, health examination, rehabilitation care, hospice care and other medical and health services, but also take care of daily life, cultural entertainment and psychological care [4]. The combination of home care and medical care can be effectively constructed through the combination of the way, will largely solve the problem of old-age care in our city, the need for home-based care model to support the combination of medical care. The community health service center is the nearest to the residents in the whole health system, and undertakes the task of providing medical care for the community residents, such as prevention, treatment, rehabilitation and health promotion. Community health service center plays an important role in the treatment of minor diseases and chronic diseases of community residents, effectively relieves the pressure of hospital visits, and helps to solve the problem of difficult and expensive medical treatment for community residents. But in Qiqihar, the development of community health service centers is still imperfect and there are many problems. Some community health service centers lack the necessary facilities, and the level of doctor is not high enough to provide the guarantee for the residents' health. Even some communities have not yet set up health care centers, which is not conducive to timely treatment of community residents, to a certain extent, affect the community residents' medical choice. The role of community health service center is not fully played, so that the elderly prevention, health care, basic medical care, health education, disease control cannot be effectively guaranteed. The community medical service is in the initial stage, and there is still a big gap between the community medical institutions and the large...
hospitals from the objective conditions such as facilities, diagnosis and treatment level and other
objective conditions.

In recent years, Qiqihar has actively explored the mode of home-based community care. With the
direction of socialization, community and information, to facilitate the elderly life and improve the
welfare of the elderly as the foothold, and constantly promote the development of the pension service
industry. City Planning Commission of Qiqihar issued notice on medical institutions and pension
institutions to establish a medical service contract Easy Access on Public medical institutions above
grade two, and promote public medical institutions and pension institutions signed the service
agreement, opened up Easy Access medical treatment for the elderly, and provide special care,
special physical examination, health education and other services. Drawing up “to promote medical
raising combined with the implementation of the pilot scheme” in Qiqihar, with the health, human
agency and other departments jointly carry out medical support combined pilot, pointed out the
direction of development of the implementation of these documents for pension services in Qiqihar
City, to further enhance the development of power. According to the municipal government to
determine the “North leading and national first-class city endowment, the development of
positioning”, the construction of Qiqihar social old-age service system in the implementation of the
views of municipal government put forward the goal and task of old-age service system construction:
4% can be admitted to the old-age pension institutions, the other 96% through the way of home care in
order to promote the development of community home-based care services, pension services, pay
attention to the development of rural pension services as the focal point of system planning of county,
town and village service level three home network, and gradually improve the service network to
enrich the service content, Qiqihar city should make full use of the city is a rich cultural heritage, the
pension service industry with the combination of traditional culture, and respecting filial piety old
city construction and so on. Under the influence of historical culture, modern information technology
and the concept of smart city are strengthened to form a unique mode of “cultural endowment” in
Qiqihar.

Suggestions on the Development of Home Care Model

Through the study of home care model in Qiqihar, we know that the reality of home-based care and
development, through questionnaires in the form of reality in detail about the needs of the elderly,
through the implementation of the research of Qiqihar city policy, combined with the city's economic
strength and old people's objective needs, tends to suggest countermeasures are as follows:

Give Full Play to the Role of the Government, Take a Variety of Effective Measures to Provide
Basic Security for Home Care

Give full play to the role of the municipal Party committee and the municipal government in the
overall planning, supervision and management, set up multi decision-making leadership institutions,
built city, district (county), street, community home care service execution network. Clear focus on
construction, infrastructure construction, community home care service pension service supporting
mechanism construction, construction of information network platform and service personnel team
construction, planning, zoning and construction planning, sub regional and sub stage plans to
promote the home-based care services system construction.

Home Care should be Extended to Community Home Care

“Community home care” highlights the dual carrier of family and community. As a way of providing
for the aged, community home care is different from the traditional family pension and institutional
pension. It is the embodiment of “welfare pluralism” in the welfare of the elderly. The community
through the integration of community resource, contact the grass-roots government organization,
coordination of the relationship between the family and the community. The community service
provided by the government and the social forces is the main one, and a kind of old-age care model
which takes the family care as the supplement is established.
Vigorously Support the Construction of Community Health Service Center to Meet the Basic Medical Needs of the Elderly

Community health service center can provide integrated and convenient medical care services for the elderly. Community doctors work in families and communities and maintain long-term relationships with patients. These advantages require us to pay more attention to community health care centers. At present, the fee of the grassroots community home care services pay by elderly themselves mainly. Due to the poor physical condition of the elderly, chronic diseases seriously affect the health of the elderly. Community home care services should further enhance the level of professionalism, establish a high level, professional, responsible medical and health care team, and effectively improve the elderly common chronic diseases and psychological side of the diagnosis and treatment level deep into the community elderly people, to understand the actual needs of the elderly. By pension services actively research the needs for the elderly, to do housework, home care, home to see a doctor and talk work, constantly enrich the content of the Door to door chores pension services. Strengthen the provision of pension services, so that the elderly pension service needs continue to meet. The government should increase the support for the pension service industry, provide financial support through subsidies, and constantly strengthen the professional construction of community home care, and gradually form a home care service system of medical care and integration.

Gather the Power of Government, Market and Social Organizations to Escort Home Care Service

Community home care service is a social livelihood project, but also a social service. Relying solely on the strength of the government cannot meet the growing demand for pension services, the need for government, social organizations, mass organizations, families, individuals and charitable organizations to work together. The government should actively mobilize all social forces into pension services to the folk force behavior should vigorously support, the progressive realization of pension services market operation, using market power to promote the development of pension services. At the same time, pay attention to the training and education of family members, so as to enhance their ability to care for the elderly, and give full play to its important role in home care services. In addition, we should establish a cooperative mechanism of volunteers, strengthen the organization and management, and form a good combination of volunteer service to ensure the quality of volunteer service. To establish a good mutual aid system in the community, give full play to the role of mutual help between neighbors. Actively mobilize the enthusiasm of the elderly to serve others, and work together to build a harmonious, friendly, United Community family. Fully mobilize the awareness of mutual aid of community residents, and fully integrate the community service resources. The old people gained friendship in the mutual aid, established good interpersonal relationship, and got help, exercised the body, played the waste heat, reflected its own value, and promoted the physical and mental health of the elderly.

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