A Literature Review on the Studies of the Loss of Only Child Family in Our Country

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Abstract. During the 40 years of the implementation of Family Planning Policy, the control on population size and population reproduction transformation in our country have had active effect. However, the risk of the policy and the society has also been increased accordingly, and the vulnerability of the one-child family has been prominent. In recent years, due to the constant increasing quantity of the loss only child family, many special and complex personal and social dilemmas have emerged. Many scholars in our country have begun to study this hot spot of society. This paper reviews and summarizes the literature which researches the social support to the loss only child family from the aspects of social supporting system, the intervention of social work and emotional interaction. Starting from the social support network construction and aiming at the different demands of the special group of loss only child family, our research should be more meticulous and pertinent.

The Definition of the Loss of Only Child Family and Measurements

Loss of independence for the definition of the family, our policy documents relevant description. Population and Family Planning Commission, Ministry of Finance (2007) in the “national one-child family death disability support system pilot program” will support the object is defined as: China's urban and rural one-child death or injury, not sick again after the birth or adoption to families with children the husband and wife. Support object should also comply with the following conditions: born after January 1, 1933; woman aged 49 years of age; only one child or legally adopted a child; now no surviving children or the only child was identified by law as a disability (injury residues reach three or more). Guangzhou Wang et al. (2008) according to the family planning policy will lose only family is defined as “parents aged 49 and older, just given birth to a child, is no surviving children of the family.” Some scholars do not agree with the 49-year-old as the sole criteria to define the loss, Chen Bohan (2013) that "the loss of independence refers to a one-child family due to illness or accident and other causes of death, while the parents and no further loss of fertility status of adopted children.” Kim Long Ka (2013) lost for the definition of the family alone: (1) loss of key members of the family only in the elderly. Most of them were born in the 20th century, the fifties and sixties, the first catch of the 1980s to perform the one-child policy, but in middle age, the basic loss of fertility suffered only child died in infancy, and thus their families caused irreparable hurt. (2) contain no have children, adoption, family re-birth children. Loss of independence families, by definition refers to the loss of one-child families, which obviously does not include those without to have children again after the loss of the one-child birth or adoption of a child and family. Section (3) the loss of family roles. With the departure of the only child, lost the only family couples will face a sudden halt "father" or "mother" family roles, different from empty-nest families have children and the elderly to separate long-term phenomenon, loss of independence of the elderly home We will never be able to face the children to come back to the painful reality. In recent years, large-scale loss of independence families gradually expanded, lost only the number of households has become a hot research scholars. The number of lost alone on the family, and never had the results of the census, there are no figures exactly, according to existing data relevant agencies to do a sample of statistics: China's total number of one-child aged 15 to 30 years of age,
about 190 million people the annual death rate in this age group is four ten thousandths, and therefore produce about 76,000 households per year loss alone, Click to statistics, China's loss of at least one million single family exceeded. Yi Fu Yin infer according to census statistics: from 1975-2010 in China produced a total of 218 million one-child families, which means that there are 218 million Chinese only child, but also according to the age structure of the population died, figure out which there will be 1009 people in or before the age of 25 died, which means that China in the near future will produce 10 million of lost family alone. Wang Guangzhou, Guo Zhigang, Guo Zhenwei (2008) show that the total 2007 death of 49-year-old one-child mothers over the country in less than 300,000 years ago, continued to grow in 2038, it began to decline after the peak size of about 1.1 million; 2007 Mother-child more than 49 years of total disability at around 220,000, in 2017 to reach a peak of about 400,000. Wang Guangzhou (2013) concluded that: it is estimated that in 2010 alone the national total loss of around 1.003 million households, is expected in 2050 to a total of more than 11.84 million deaths only child, the new one-child deaths each year from the current 95,000 total rises to 2050 560,000 years or so.

**The Concept of Social Support**

French sociologist Durkheim, who earliest take study of the social support, he mentioned it in his book “Le suicid” that suicide is closely related with the social bonds. Chen Jun (2013), the scholars in the definition of social support can be roughly classified into three categories. The first type of social support is defined from the viewpoint of social behavior: think of social support is a kind of can promote mutual assistance or support the behavior and process of things, is a reflection of the individual to the social needs of others. The second definition is from the perspective of social interaction, social support is objective existence between people or subjective able to perceive a close contact. Third class from the perspective of social resource s, think social support is a person to handle the tensions of a potential resource, is a social relations (individual or individuals and groups with others) for exchange of social resources, is to give and awarded two conscious for the exchange of resources among subjects. Although according to different research content, the scholars have different understanding of the social support, but at the moment of sociology on social support in the form of research can be seen that social support was divided into two kinds: one kind is material support, is objective existence; Another is emotional support, subjective feeling.

Shu-guang fang (2013) argue that, as a kind of action and emotional sharing, social support is an individual, group, organization and from others in the community of all forms of care, support and help, its essence is a kind of material aid, life support, psychological comfort, and other social behavior. Zhang Yu (2004) argues that social support refers to a person through social interaction obtained can alleviate psychological stress reaction, relieve mental tension, improve the social adaptation ability to support and help. It mainly comes from family members, relatives and friends, colleagues, groups or organizations are also can come from the government. Some scholars think that the content of the social support can be divided into two types, one is the actual support, including material aid and direct service, it is independent of the individual's feelings; Another is subjective, that is, to experience the emotional support, is refers to the individual feel be respected in society, understood the emotional experience and satisfaction, is closely related to the individual's subjective feeling.

**Special Demands of the Social Support System Research**

Chen Jun (2013) according to the investigation and study of Nanjing 88 loss of only child families, think of difficulties facing family alone can be summed up in three different types of their needs: economic demand, the life care needs and spiritual needs. In the process of investigating 88 households lost alone, there are 75 lost family think their economy is difficult, cannot be very good deal with cost of living, social, medical expenses, such as family economy is financially. Chen Jun starting from the three requirements, puts forward the defects in the existing social support system of Nanjing. First of all, Chen Jun thinks, from the gender perspective, social support provided by the government does not take into account the differences existing in both men and women. Second,
is the lack of close associates, social support can be divided into three levels, the smaller the level to provide the scope of social support, the more social support and close associates is located in the inner, its members mainly relatives, friends, spouses, etc some more intimate relationship between people and the circle of personnel for loss alone family social support in particular, the role of an important spiritual support. Which the Nanjing government in building a social support system when it ignores this, the lack of a close companion of spiritual comfort, it is easy to lose the sole indulging in huge mental pressure. Chen Jun thinks, according to the need of lost family alone, the government should set out from two aspects of constructing formal support and informal, first is to perfect the corresponding laws and regulations and policies, strengthen the lost family life care alone, set up professional psychological counseling agencies; Second is should give full play to the role of non-governmental organizations, such as volunteers, professional social workers as well as some charities, the author thinks that the informal organization to help the person alone can stimulate the lost more self-reliance self-help, also proposed to establish the concept of a family old-age care mode, not only to provide daily supplies, with the help of the above, more than to go alone and lost of emotional communication, let alone who can give the warmth of family. Alone and hai-yan xi (2015), rural household demand on material help, seek spiritual solace, access to health services and policy support for four aspects. The author argues that social work can help rural family alone integrate social resources, to establish social support system suitable to rural lost family alone. Social workers in the process of intervention, to fully understand and grasp of the sole member of the family needs, actively integrating the resource of the relevant social services and for them, and help them to effectively use these services and resources to meet their different needs, provide them with a variety of services, to meet the personalized requirements, urgency, so as to promote the improvement of the rural lost family problems alone. Alone for social work intervention in family policy discussion, hai-yan xi from micro, meso and macro levels are discussed in this paper, the micro level, mainly through case study and group support in the form of the medium level, is through the use of community resources to develop community service ability, and the macro level, mainly from policy and corresponding help those lost alone.

Social Support Research View from Social Work

As an important way of social support, in the perspective of social work support, the social support for the loss of only child family of the research can be roughly divided into two groups. One kind is to study the method of social work interventions the loss of only child family, the other kind is directly involved in social work of the case study. Yao Jindan (2014) from the perspective of energized theory, analysis of lost family alone right performance, lost to improve the power of the family alone has very practical research value. The author think of the performance of lost family alone right elimination in three aspects: the loss of single low self-efficacy, lack of personal resources lead to loss of family alone lost old-age security and rescue regulations hinder the loss alone the potential of the play. The author thinks that lost family alone show the nature of the problem is that right, thus put forward from the micro and macro social work method of social work method two levels up lost family energized interventions alone, microcosmic working methods can achieve good alone please the purpose of spiritual and psychological dilemma. From a macro perspective, the government departments push can give full play to the function of social work administrative, greatly decrease the difficulty of assistance to the families of loss alone so as to help the government constantly improve, improve the level of social welfare policy. Li Qian (2013) from the loss of family alone mutual behavior model as the breakthrough point, based on the social work theory, using the method of case analysis, to explore the social work intervention lost family alone case work, group work and community work mode, from the intervention object, setting goals, work flow to evaluate the four links of the above three intervention modes in-depth interpretation. Han Xiaojing (2014), from the angle of social work intervention in the case, the difficulties facing lost family alone and seeking solutions. By analyzing two cases, the service object is two different lose family alone. Mainly through diaries and form, the form of records lost family alone in getting along with their emotions more than half a month of time of change. Han Xiaojing argues that
social work intervention in for help loss alone out of the woods has played a more direct role. Han Xiaojing will be the role of social workers in the work is divided into four kinds, the first, the worker's primary role is a service provider, the second is advocate action, the third is the resource mobilization, and the fourth is the policy implications. Through to the accepted social work lost two family alone tracking survey, the authors found two cases of couple communication significantly increased, attitude to life is more active than before, the rest of the world to resist also eased.

The Study of Social Interaction Emotional Support

Wang ning and Liu Zhen (2012) from the perspective of emotional energy, with the theories of social interaction research after the loss of single person in the sole of social interactions, and how to help them reintegrate into society. Author think interaction analysis perspective of service chain and emotional energy for family problems with strong explanatory power alone, lost family face alone is not only emotional trauma, family structure on the destruction, so use this theory from the micro, meso, and even more in-depth explanation on the macro. Wang ning thought after the loss of single family, social interaction usually presents two cases, one is the lack of close relationship after the disintegration of family risk, "basic triangle" mode to the destruction of the family, on the other hand, there is not enough emotional energy loss alone to support their normal social interaction. Thus caused the loss alone is subjective intention as possible on the exit before the circle of friends, and this exit is usually characterized by escape, escape, and even the migration. The author from the proposed use of organizations involved in the form of loss alone is to adapt to and into the interactive exchanges in the circle. Lost alone while out of the association, but their heart is very strong desire of mass communication. The author thinks that people have the same experience together, they can produce emotional resonance, easier to accept each other, to open up, and the interactive model can improve participants' emotional energy. And long-term relationship, can make they gradually come out alone the pain of loss, to return to their original family relationships and subordinated groups, to adapt to the normal social life. Zhang will spring and Shao Zhanpeng (2013) argues that only children lost in these parents' social support focused on emotional, emotional interaction between the subject determines their final degree of adaptation. From the "emotional" mechanism, the analysis of the causes of the failure and think although lost parents alone is eager to get understanding of the outside world, but when interacting with the outside world, an ambivalence, care to be seen as jie scar, the "emotional" couldn't gain effect at this time. In order to make them better interaction with the outside world, to adapt to the heterogeneous society, should pay attention to the loss of parents alone in the face of differences and to act on spontaneity, always put the "common feeling" emotional comfort as source of social adaptation, keep the good interactive space "with emotion” elastic; In addition, to better deal with new problems arising from the interaction, on the basis of "common experience” emotional comfort, should strengthen the social adaptation of the emotional interaction between members, let the emotional connection between members also from common experience to adapt to the society.

Brief Comments

For the loss of family alone is comparatively clear definition of the concept, and scholars' views are relatively uniform. But for the loss of family alone estimated population statistics and stay in a vague level, although the relevant scholars through other census data are calculated, but lost family exact figures alone in our country is still difficult to grasp.

For on the definition of social support, although the referenced in the study of different concepts, but from the loss of family alone the level of social support, its object is the social vulnerable groups, the provider is the government, social organizations, community, friends, relatives, he is a kind of support and help, there are mainly two aspects: objective material aid and subjective emotional support.

On household demand in the loss of social support system in the study, most used is the method of questionnaire, sample size is large, mainly adopts questionnaire to lose the sole satisfaction.
analysis and research. The author thinks that, the construction of social support system is standing on the macroscopic Angle to study social support system, the object and to provide Suggestions for comprehensive support. But this kind of defect is not enough in-depth study, can't for subsequent tracking research, proposed to build system of social support can play what kind of effect is unclear.

Compared with macroscopic research of social support system, social work under the perspective of social support research mainly adopts is the manner in which case tracking, in-depth interviews. As one or two selected case alone lost family, long time of communication and communication, mainly USES the daily life conversation analysis in the study surveyed in the working process of the emotional change of the family. The author believed that social work deeper and more targeted, the advantage of lost in the process of investigation is also in the help alone out of the woods, they focused more on alone and loss of emotional communication, and a more detailed review, provides the proof for the effectiveness of the method. But family social work face is less, to a certain extent, can't represent all lost family alone, universality is not strong.

Emotional energy from perspective of social support, is primarily constructed lost family alone a middle theory of interactive network. The interaction theory, emotional energy and loss alone family social interactions together, think alone the family should have their own social organization, from the social organizations improve their emotional energy, restore normal social interaction, so as to be out of the woods lost alone. The author thinks this kind of strong theoretical research, emphasize the role of emotion in social support, is helpful for scholars from different angles to lost family social support to think alone. But its practicality is weak, for paper and build more basic theory, put forward suggestion is less, the study sample size is also insufficient.

Throughout the research results, scholars for loss alone family social support network research has just started. We should research on the basis of the predecessors, mainly from the perspective of the social support network construction, in the system and mechanism. For lost family alone this special group of social support requirements are different, our research will be more carefully targeted.

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