Research on the Inevitability of Soccer Teaching Reform in Colleges and the Optimization

Chao Zhang

Abstract

Soccer is an extremely universal movement that has received populace's affection; naturally, the soccer teaching also entered university's classroom that becomes in the university physical education the important constituent. Speaking of the university students, the soccer is not merely the simple sports project which may help the student more importantly to build up strength the healthy body, enriches own after school life, therefore has received the general university student's affection, moreover the soccer also has the unique charm, it has the oneself quite obvious characteristic in the sports, for instance its grouping development, location request and so on, these all deep attraction student vision, simultaneously also have been receiving the social people from all walks of life's widespread attention. Nowadays, in the physical education curriculum of colleges and universities, the teaching of students' football is mainly the knowledge and skill of soccer, ignoring the cooperation between the students. This traditional teaching mode cannot adapt to the teaching reform and quality education. The implementation of physical education teachers in the teaching of football has been controversial and questioned, this is all the college physical education teachers face new challenges and new problems. This paper mainly analyzes and discusses the problems existing in college football teaching, aiming at these problems puts forward the corresponding reform measures and optimization strategy, and hope to provide certain reference for the development of football teaching in colleges and universities.

Keywords College football; Reform; Inevitability; Optimization strategy

1. INTRODUCTION

The soccer takes athletics extremely strong sports, have attracted the very many amateur's participation, presently at present, the soccer is facing the specialization, large scale, the commercial character direction is developing, many universities in order to satisfy the student body and mind various aspects the development, already joined the soccer movement teaching to in university's sports curriculum. The 21st century education domains are implement the education for all-around development the time, and the education for all-around development system in the unceasing thorough development, the soccer teaching curriculum which this request university integrates must obtain the reform. At present, college football teaching has gradually changed the traditional teaching mode, toward the direction of diversification, teachers have from soccer skills teaching change single to development of students' comprehensive quality and training for college football teaching showing a good development trend. However, despite the football teaching has been some reform, but by the traditional teaching ideas of the long-term constraints and restrictions, many colleges and universities football teaching is still in the low-level stage. Therefore, the article analyzes these problems

1Department of Physical Education, Wuchang Institute of Technology, 430065, China
and phenomena, and puts forward some effective reform measures to promote the development of football teaching in colleges and universities.

2. The Inevitability of Football Reform in Colleges and Universities

The soccer movement influence in the world all is extremely big, it affects the community scope is broad, for instance office worker, university students or athlete and so on. In the actual life, very many people the deep love had achieved to the soccer one kind of boundary, they pursue is not merely some soccer star, studies the entire team more importantly the cooperation skill and the outstanding ball game star's soccer skill. In the university, the soccer movement one of movements which most likes as the student, the development soccer teaching has the necessity extremely, trains the students in soccer movement team cooperation consciousness, understood the entire team the importance, has made the good upholstery for they later work; Moreover in the university develops the soccer teaching also to be able to help to raise student's enterprising spirit, maintains heart which strives for success positively. Although the teaching of football has many advantages for the development of college students, the actual teaching has been affected by the traditional teaching thinking, which results in the loss of the teaching objectives and the enthusiasm of the students. In addition, school physical activity time is relatively small that do not pay attention to the development of physical exercise of students, only concerned about the theoretical knowledge, leading students to learn football is not in-depth. These phenomenon existence request university must carry on the reform to the soccer teaching, lets the student be interested to oneself the sports project to have more grasping and the understanding, enhances the soccer teaching the quality, simultaneously also lets the university soccer teaching the development be smoother.

3. Present Situation and Shortcomings of Football Teaching in Colleges and Universities

The soccer is a historical glorious sports project, the internationally development already had more than 100 years, in the soccer movement developing process, its culture, the technology, the knowledge and so on obtained the unceasing consummation and the progress. At present, in university's soccer teaching, student although is interested extremely to the soccer study, but they do not have the explicit study goal, in addition the teacher cannot carry on the correct guidance, causes the student not to be able the very quick grasping soccer related skill and team's coordinate way. Moreover in university's soccer teaching process, the overall teaching atmosphere quite is bad and the student's study enthusiasm cannot obtain the very good stimulation, causes the university the soccer teaching quite to be passive, cannot achieve the teaching the goal, the following shortcomings of the college football teaching to do a detailed description.

3.1 Football teaching methods are too old

In the very many university's soccer teaching, the teachers do not have the advanced teaching method, uses all is the obsolete traditional teaching method, the soccer teaching method which the teacher mainly uses includes: Explanation teaching, demonstration teaching, and competition teaching and so on. The teacher is explaining the main teaching, ignoring the dominant position of students in teaching, the related knowledge only verbal description of the teacher, the students do not feel the actual teaching; demonstration teaching mainly refers to the students according to the teacher's demonstration, their grasp action essentials, then independent practice, this teaching method the development of thinking ability will suppress
students, make teaching become too passive; game teaching refers to the teacher to arrange the competition form, students are learning in the football game, although this kind of teaching method can arouse the enthusiasm of the students, but fundamentally speaking is the lack of teaching ideas. These traditional teaching methods can be completed to a certain extent, college football teaching tasks, but their biggest drawback is that the teaching method is too old to keep up with the rapid development of the times, but cannot fit the development of the times, cannot meet the students want to explore the desire to take the initiative.

3.2 Football teaching hardware facilities imperfect

In football teaching process, the football field and sports equipment is indispensable resources, of course, this is also the basis of football teaching can develop smoothly. In an actual college football teaching, hardware facilities not perfect is the biggest obstacle to the football teaching. In colleges and universities in the development of the constantly, so to student's recruitment is also increasing, but as a result of increased student campus area to reduce the average, the hardware facilities of football more scarce and tension, a football field area is too small, contain too many classes at the same time, eventually led to the football course had to be cancelled while some colleges and universities are not even equipped with a football field, or with football fields are too humble, students in this field on practicing and learning easy to cause the body sprain, etc., which have an impact on the enthusiasm of the students to learn football, at the same time also hinder the overall development of the school.

3.3 College football teaching faculty is weak

Throughout the teaching process, the role of teachers is self-evident, the level of teaching quality can directly affect the quality of teaching, so the correct guidance of teachers to help students solve the difficulties encountered. Although the role of teachers in teaching is well known, but many colleges and universities in the teaching of football does not attach importance to teachers, leading to the lack of teaching power of football teachers, mainly in the following three areas: 1. colleges and universities to employ too few football teachers and a teacher at the same time to lead a number of classes, greatly reducing the level of teaching; 2 football teachers lack of professional training, many teachers are amateur, there is a certain gap in the professional level; 3 schools rarely spend energy in football Teaching, few organizations teaching and research activities, football teachers do not have the opportunity to upgrade themselves, leading to the teaching level has been in the downstream stage.

3.4 One-sided focus on examination results, assessment methods to be improved

Sports teaching is different from other theoretical disciplines, so at the time of assessment on students can't simply in terms of achievement students the knowledge and skills about football. But in the actual teaching process, the physical education teachers tend to ignore the students' performance in class and the training process, only the final inspection as the standard of judging, such assessment methods are not perfect.

4. Optimization Strategy of Football Teaching in Chinese Colleges and Universities

4.1 Enrich the teaching methods and the student interest in learning

Teaching methods can affect the students' mastery of knowledge, good teaching methods to promote the development of students. We all know that colleges and universities can cultivate
talents, so teachers should strengthen learning, and constantly improve themselves and improve their ability, and practical use of the actual teaching, to adopt effective teaching methods, so that students learn more in football teaching's things. In football teaching in colleges and universities, teachers should cut the quality of teaching practice, and in accordance with the characteristics of the movement and the actual situation of students to carry out teaching; other football teachers should also be combined with their own experience using heuristic teaching to help students learn that of learning interest. Such as pass in football teaching, the teacher can take advantage of the multimedia, play a wonderful football match to the students, let students really into context and then let them master pass of video technology.

4.2 Perfect college football teaching hardware facilities

The school may support the way to develop the soccer hardware facility, for instance the university may send out the school the external liaison department gate to run the market, in view of the business may be the movement clothing brand shop, the movement equipment brand shop, found the corresponding person in charge to say the school the goal, the school may unify with the business, the business provides the corresponding hardware facility for the school, the school creates the propaganda for the business, and the school organization moves the reward goods which uses all to be possible from business there to buy, achieves the win-win goal. Good football is learning environment through hardware facilities, only to let students have a good learning environment, in order to guarantee the quality of football teaching.

4.3 Strengthening the training of football teachers

The purpose of college football teaching is to further enhance students' football skills, so good teaching resources can help students better learn professional skills. In teaching resources, teachers are the most important, but also indispensable in football teaching, so to enhance the teaching level of football teachers and the development of football teachers is the work of colleges and universities must carry out. The school should start from the teachers of the link, to improve the new teachers assessment requirements, new teachers should not only have rich theory knowledge, there should also be a perfect sports teaching system, master the most effective and advanced teaching methods, promote students in sports teaching and learning to master skills in learning.

4.4 The optimized soccer inspection way, realizes the student full scale development

The requirements of quality education and traditional education is completely different, under the background of the quality education, the purpose of physical education is the integration of many aspects, not only pay attention to the students to master the skills, in addition to optimize the evaluation system can stimulate the learning interest of students, teachers will be transformed into the traditional summative evaluation of course, the quantitative and qualitative evaluation, it is more fair for students. In the evaluation of football in colleges and universities should be added to the evaluation of students, teachers, teaching methods, teaching attitudes, teaching quality, evaluation of teaching whether the student development and learning interest in the first place, the students give the real Evaluation, this approach can enhance the quality of teaching teachers, so that students learn in football teaching the real knowledge.
5. Conclusion

In view of our country University soccer teaching, the teacher should carry on the ponder from each aspect, the enhancement sports education reform and maximum limit improves our country University soccer quality of teaching. The university soccer teaching reform should obtain from several aspects, teaching idea, teaching way and course content, and the basis university at present sports condition, carries on the unceasing innovation to the sports soccer teaching, stimulates the student to the soccer study enthusiasm, achieved raises the university student soccer level the goal. In the process of education in modern colleges and universities, football teaching should be regarded as a comprehensive discipline, combined with theoretical knowledge and practice, to promote the healthy development of students' physical and mental health and the cultivation of students' ability. Therefore, college PE teachers should be based on the actual situation of students in the teaching of football to change ideas and methods to promote students in the teaching of football learning, so that their development more comprehensive.

References


