Research on the Sports Art Development Trend from the Angles of Expression and Aesthetic

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Abstract

In this paper, we conduct research on the sports art development trend from the angles of the expression and aesthetic. It is with the fusion of art, art sport is sports art that make sports have higher aesthetic value and the fitness value. Sports art is sports combined with a variety of art and the aesthetic function of the overall summary that is shown through sports activities of all aesthetic factors to manifest the value of art appreciation. Sport and art will also be constantly moving relative to one another, creating a higher level of "blending" products, with strong appreciation and artistic charm to attract people's aesthetic temperament and interest, satisfy people's aesthetic demand. This paper conducts the systematic research on the corresponding issues that will be meaningful and some degree beneficial for the further more in-depth research.

Keywords: Sports Art, Expression and Aesthetic, Angle, Development Trend.

Introduction

Music, dance and other art elements as a form of sport and of exercise training, in the development of modern sports has gradually been adopted by some sports. Long sports and art fusion and independent development, under the mutual penetration, mutual promotion, the structure and function of each gain continuously enriched and improved. This article from the perspective of the relationship between art and sports, art form of expression of sports has carried on the preliminary discussion, for the special study direction in sports, sports foundation of art, provide material [1-3].

According to the literature review, the principles of the sports art could be generally summarized as the following aspects. (1) Aerobics is the combination of gymnastics, dance, music, the music accompaniment using different types of operating action that can not only healthy body, a physical exercises can edify sentiment. (2) It is under the music accompaniment of the rhythmic gymnastics unarmed or the light of the stairmaster that is a natural and rhythmic based sports, its practice content conforms to the women's physiological and psychological characteristics, all kinds of action reflects the beauty and artistic characteristics that can fully show the coordination, rhythm, feminine, elegant temperament of women such as fitness, deeply loved the masses of young women. (3) Sports dance project is the collection sports, music, dance, fitness, sports, recreation, entertainment, aesthetic and cultural value of the most fashionable, the latest popular sports. Under the accompaniment of music, dance moves through a variety of beautiful form, the rhythm of movement of abundant, expressing the feelings of people, under the rhythm of music and dance rhythm physical dancing, enjoy art, achieve the purpose of fitness to cultivate elegant artistic values.

Artistic expression is normal play sports dance techniques and the key to win the game, but the performers and learning to dance in practice is not entirely to ponder to the connotation of sports dance, but to imitate blindly, just learned some dance on the surface of the posture. Sports dance performance to the performers combined inner emotions and external action, and synchronization. After the dance emotions are expressed, the level of sports dance will naturally a breakthrough and outstanding performers in addition to being able to use standard action to show the beauty of sports dance, more

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apply colors to a drawing gives the beauty of sports dance, with passion and the viewer can intuitively perceive dance with feelings. Dialectical materialism thought that all things have two aspects of content and form that is the unity of content and form. Difficult beautiful project of artistic expression of competitive sports skills class kernel architecture and form, we can distinguish between them in theory, and commands, but in fact the two are an organic unity, difficult to break up, they also exist between the dialectical unification relations. Sports beauty originates from human practice, with the development of the sports practice and development. In sports, there are a large number of rich aesthetic phenomenon, and contain the aesthetic value can not be ignored. Along with the development of sports, the sports field expanding of beauty, sports growing form of beauty, sports contains the increasingly rich aesthetic content, which makes research on physical beauty become perfect sports learn a part of the subject system to make sports become the new domain of the aesthetic study. Sports aesthetics research will further enrich the sports science, the discipline system of aesthetics.

![Figure 1. The Forms and Classification of the Sports.](image)

In this paper, we conduct research on the sports art development trend from the angles of the expression and aesthetic. In the later parts, we will analyze the issues in detail.

**Our Proposed Methodology**

**The Review and Summary of the Sports Art.** Sports art is sports combined with a variety of art and the aesthetic function of the overall summary that is shown through sports activities of all aesthetic factors to manifest the value of art appreciation. It contains the beauty of human form, sports form, movement environment, sports atmosphere, and many other factors. In the following table one, we illustrate the connections and relationship between sport and art.
Table 1. The Connections and Relationship between Sport and Art.

<table>
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<th>Relationship</th>
<th>Meaning</th>
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<td>Artistic beautification and promote the development of sports.</td>
<td>People to capture the beauty in life, the aesthetic consciousness and aesthetic standard, and the aesthetic infiltration and reaction in the life practice. Sports, games and performances, in particular, as entertainment for people to appreciate the culture are bound to use the concentration of aesthetic consciousness, performance art, to promote the sublimation and development of the sport [4].</td>
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<tr>
<td>Blend of art and physical education to improve their social value.</td>
<td>Penetration blend of art and physical education, brings together the respective strength, expand the object of feeling, can bring people the spiritual enjoyment, both the pursuit of vibrant, expression and creativity in dotted with colorful life space and human thought space at the same time to produce the greater than its effectiveness.</td>
</tr>
<tr>
<td>Sport is one of the artistic creations of &quot;life source&quot;.</td>
<td>Sports as the most active and positive human social and cultural life, the most appealing and most exciting activities, historically, it is one of the focus of the artistic performance.</td>
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Sport is a human from the productive labor practice summary extracted the essence of human movement combination, which is the law of motion of the human body reveals and is fully embody human movement ability and highly generalization. Rich content of the sport that shows the different forms of beauty, but in sport itself, it is a kind of beautiful craft of human movement. Breathtaking, beautiful gymnastics, the vagaries of ball games, show strength and skill of track and field, and so on, changing the endless by the human weave beautiful picture scroll with itself. As a communication culture, promote the teaching skills, human lofty ideals, promote friendship and unity of all ethnic groups of social sports, in the form of being accepted by the various art forms, lies in their sports in a variety of thoughts and feelings, and through the different art forms, so as to fully represent the human sports activities of various image and content of beauty.

Art and sports, is a component part of sports and is the combination of sports and a variety of art concentrated expression, art and aesthetics in sports is the inevitable result of development. Its main feature is based on the technical level and aesthetic effect to determine the result and the result is determined by human. Objective existence of the unrepeatable and unpredictability brings surprises, exciting and enjoy is unmatched by other art. These ratings classified project shows is a kind of active force image, dynamic image. All related factors in these projects, all constitute the aesthetic factors as music, clothing, equipment and scene, the athletes' body form and motion trajectory, and in the form of orderly development in a certain space, at the same time continuation and the change, in a certain amount of time. In the table two, we demonstrate the general forms of art.

Table 2. The General Forms of the Art

<table>
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<th>Art Form</th>
<th>Detailed Characteristics</th>
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<td>The fine arts.</td>
<td>Painting, sculpture, arts and crafts, modern industrial design, calligraphy [5-6].</td>
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<tr>
<td>Movies and television.</td>
<td>Feature film, animated film, science and educational and news documentaries, TV, TV documentary film.</td>
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<tr>
<td>Architecture and landscape.</td>
<td>Civil buildings, public buildings, industrial buildings, such as the European garden, Arab garden, Oriental garden, etc.</td>
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<tr>
<td>Dance.</td>
<td>Solo, duet, dancing, ballet, ballet, Chinese classical dance, folk and modern dance.</td>
</tr>
<tr>
<td>Music.</td>
<td>Solo, unison, repetition, symphonies, concertos, sonatas, suite, still, chorus, opera, etc.</td>
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**The Sports Aesthetics.** In the process of innovation beyond the middleman to corroborate itself also can develop their own, can not only see the beauty, can also create beauty. Athletes win the gold medal in the arena and then their essential strength also naturally got through practice. Just this level to get to know, it just shows the beauty in a horizontal plane, and only those who break the predecessors have not touched by record, climbing on the heights of previous still did not stop, is in a three-dimensional high level to create the beauty. With the progress of social and cultural life, people of sports beauty appreciation and puts forward the new higher request, sports trend and penetrating, become the important content of that modern sports development, the summary of sports aesthetic experience, help to raise awareness of creation ability and the ability of sports beauty to promote the development of sports which could be reflected from the following aspects [7].

- **Physical education and artistic beauty.** Sports practice activity is the human body the body is the main material for sports. So sports on the beauty of artistic beauty is the human body, mainly is the beauty of the human body for the contents of the form. First athlete developed muscles, symmetrical shape, beautiful lines, is typical of the human body beauty can give a person with the feeling of the health and beauty.

- **Sports and social beauty.** Closely related to sports and social beauty and the range is very wide, they also show in the construction of socialist spiritual civilization and material civilization construction two aspects of civilization. Sports belongs to the category of cultural education, is one of constitutes the content of the social spirit.

- **Sports and natural beauty.** Beauty of the human body is a kind of form, the beauty of human body beauty, including appearance, size, posture, and people's appearance, which is decided by the genetic gene is basically do not change; Although people's body and genetic gene has an important relationship, it can be changed. The body is the combination of health and beauty, health is the most important factor in the beauty of composition.

**AESTHETIC AND CREATIVE EXPRESSION**

a --- Aesthetic and creative (both inside and outside the classroom),

b --- Aesthetic and creative (only inside the classroom).

c --- Aesthetic. Interested in creative activities.

d --- Aesthetic. Least interested in creative activities.

Figure 2. The Characteristics of the Sports Aesthetics.

**The Sports Performance.** At present, the evaluation of art classification project competitive level have a larger increase, some items to begin to step into a world power, but the overall level of ideal result is still a gap. The characteristic of athletes in China is a bigger advantage, technology difficulty of possession and artistic expression is relatively weak, limiting the performance of our athletes. To make our country art review classification project further improve the competitive level, we must pay attention to the development of our country athlete artistic expression.

Through the existing research and expert investigation, visit, think expressive force is in the sports dance competition, athletes in the dance with all kinds of cultural background, style characteristics, aesthetic orientation factor, on the basis of using body language to show the connotation of the dance, and with strong artistic appeal to the audience. It is a perfect unification of inherent spirit and external player movement performance that is the vivid performance in the level of the performing arts, and technology level and the results of the competition is the important factor. Enhance the competing
scores refers to the general evaluation of art classification project competition athletes good artistic expression has important role to improve competition. Rules are competitions of the criterion, the results of the competition is the basis for evaluation of competition [8].

- Artistic expression in athlete self-value goal. People are conscious beings, thus has intrinsic needs. Sports are to surpass ourselves and realize the important way and means of self. In the evaluation of art classification project athlete's good performance can satisfy various demand, realizes the contestants struggle and the pursuit of goals.
- The value of artistic expression in meets the demand of appreciation. Meet the demand of the appreciation refers to the artistic grade project competition, the athletes have good artistic expression can satisfy the audience watching them in the aesthetic process of developing, art expression is another competitive value.
- From scoring rules of art trend analysis the important role of artistic expression, for project evaluation of the classification, the results of the competition is determined according to the judges evaluated how many points, and referee score conducted under the rules of the contest, as the art evaluation classification project development and improvement of the overall level of the athletes, the rules of the contest have been continuously developed and perfected.

Conclusion

In this paper, we conduct research on the sports art development trend from the angles of expression and aesthetic. With the development of human society, the practical function of sport and art will obtain further development, to expand, and linked with the real life of people closely as become an indispensable part of life. Sport and art will also be constantly moving relative to one another, creating a higher level of "blending" products, with strong appreciation and artistic charm to attract people's aesthetic temperament and interest, satisfy people's aesthetic demand. This article attempts to sports art and music, dance, art, etc. to make the particularity of sports art clearly apparent, enable people to the characteristics of sports art has a more comprehensive understanding. In the later time, we will combine more state-off-the-art analysis to enhance the current research result.

References
