Research on the Characteristics of Private Colleges Single-parent Family College Students and the Education Approaches

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Abstract

In this paper, we conduct research on the characteristics of the private college single-parent family college students and the education approaches. Along with the rapid development of society and economy, especially the social employment situation is increasingly serious, and the widening of the gap between rich and poor, single-parent college students' psychological pressure so will continue to increase the psychological quality will be more vulnerable. According to the latest census figures show that single-parent college student psychological pressure increases year by year, and that will continue to rise, and to cause a decline in overall psychological quality. Private colleges of modern single-parent students education and training has its own particularity, this topic to run by the local characteristics of single-parent students in colleges and universities and private colleges education management and the analysis of this paper analyzes the particularity of the talent training. Base on this basis, this paper proposes the new idea on the issues that will be meaningful.

Keywords: Private Colleges, Single-parent Family, Education Approaches, Students.

Introduction

Single-parent students because of its unique growth experience and the psychological characteristics make it a psychological problem, high-risk groups in recent years, private colleges has become an important part of higher education, is the key of the applied talents and skilled talents cultivation base, but as a result of private colleges education mechanism, the characteristics of students quality, makes the private colleges education problem of single-parent students is more outstanding that affect the construction of a harmonious campus and to achieve the goal of college education. Private colleges of single-parent students education and training has its own particularity, this topic to run by the local characteristics of single-parent students in colleges and universities and private colleges education management and the analysis of this paper analyzes the particularity of the talent training, under the premise that follow the law of the ideological and political education and of the students in private colleges single genetic analysis of common problems, and from the perspective of student education management to explore the effective path of education that can be organized as follows.

- Defining the single-parent family college students, inductive the single-parent student typical types and the single-parent student common problems and causes [1-3].
- The particularity of private college single-parent student education management analysis. To private colleges including single-parent students constitute, the psychological characteristics of college students, private colleges own positioning of personnel training, the particularity of private university education management, etc.
- Private colleges single-parent students education should follow the basic principles of that single-parent students education should follow principles of non-governmental university.

Common personality and mental health evaluation results show that, although the single cause of the different, but the single-parent family college students' personality traits and the complete family

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difference is obvious. Person's personality is formed in the process of life, attitude and behavior of adult directly affects everyone character attitude formation. The family of the divorce, that from the beginning of the parents of affection, family interpersonal estrangement, parents spend all day playing endlessly, some families lives in the life of the cold war way, until the whole process of a divorce, children are forming process of that bad character attitude. The main psychological problems of single-parent family college students could then be summarized as follows. (1) Sensitive, suspicious. Perhaps have been affected by domestic misfortune, involving their own things very sensitive, always clouding the simple question that always guess others speak of another layer of meaning, so that other people or not a good word, a casual movements and contact, in their place will be misunderstanding. (2) Low self-esteem. College students growing up in a single-parent family environment, due to lack of the right opinion of yourself and family, they are more or less there are varying degrees of that inferiority complex. The increase to a certain extent of inferiority complex not only seriously affected their normal study and communication, more directly affects their physical and mental health. (3) The anxiety. Anxiety is a single-parent family college student a typical psychological characteristics. As the main victim of single-parent family, losing a father or a mother's love for their strike and general psychological stress was palpable. Because parents divorced, single-parent family college students have experienced the pain of losing loved ones, so in the deep heart's core, they are more eager to a safe state of life or life atmosphere of warmth [4-5].

In this paper, we conduct research on the characteristics of the private college single-parent family college students and the education approaches. Our later research will discuss this issue in detail.

Our Proposed Methodology and Perspective

The Private College Principles. The social basis for the development of private colleges becomes more and more strong. We know that private colleges rely on private capital, so, it is the foundation of the development of folk capital. The so-called folk capital, is refers to the national people's money, also includes in addition to the government's social organizations, enterprises have social wealth. In the era of the extension of the scale expansion as the core development is coming to an end, how to transition from extension to connotation development that is a major development strategy of private colleges must face the problem.
Private colleges can play a role in the development of higher education mainly has the following two aspects: one is the social forces, increased national education funds, reduce the government financial input, also to a certain extent, to stimulate the development of local economy and second is mechanism of advantage to promote higher education reform and innovation, improve the efficiency and the effectiveness of the education management. The effect to the first, there are many theorists, argument is sufficient, in that case, let investors get certain benefits, can inspire them to devote them more private higher education career. It is because there is such a group of people, to develop private higher education career, to make economic base into a private higher education career. Based on the prior discussion, we could summarize the features of the private schools as follows.

- Larger school-running autonomy. Throughout the world some private university with a long history, very little in common between each other, that have their own characteristics and the traditions. It can be said that these characteristics and the formation of traditional and private university's own independence, autonomy and flexibility are inseparable.
- The operators benefit correlation is high, the core members of identity, strong sense of crisis. Hosted by the private colleges run its establishment or the interests of the education career identity, crisis of relevance and the core members are higher than that of universities in the leadership management [6-7].

The Single Psychological Characteristics. Most of the children of single-parent families do not have a complete love, often produce different psychological problems, unstable that cause learning performance decline and their psychology has the following characteristics.

- Inferiority of depression. Research suggests that the healthy growth of the minor children that need a safeguard mechanism has internal support system. Originally a complete family, so that they always feel inferior, see his own value, together with the difficulties and setbacks in life make them lose confidence, so that feel small and helpless. Will produce a psychological inferiority complex. Inferiority complex as it holds that is one of the single parent families' children's character flaws.
- Performance decline. Family upheaval, single-parent families students' psychological burden is very heavy, mood irritability, malaise, learning motivation, has no interest in learning itself, lazy learning, even hate learning, resulting in a decline in academic performance. Countless facts have proved that single-parent family's father or mother that can't fully play a dual role of father and mother, and, in particular, the role of gender roles.
- Behavior changes. Children of single-parent families, the surrounding atmosphere of public opinion and specific pressure on them to the families than usual. They tend to be much more sensitive than other children, what they need is a real caring and considerate, need is full of the love from their parents. Some parents in the education problem of children of single-parent families on there is some confusion, also needs the guidance of the school. School also can reflect the school to social demands and single parent families and students to participate in various social activities and strengthen guiding way communication school and society.

Parents’ attitude, lifestyle, etc. as the influence of family atmosphere, facts have proven that parents feelings harmony, brothers and sisters love each other family atmosphere, often make the individual form humble, polite, easygoing, sincere, optimistic, generous, good personality traits. Conversely, if often noisy among family members, beat and the scold that is easy to make individual form rough, outrageous, aloof and indifferent bad personality. From the aspects of society, and it is important to change ideas, update. To intensify publicity and education, make people realize that the mental health and physical health is one indispensable factor, "health" is the psychological disorders, like physical discomfort, should be timely to go to a doctor for advice, guidance, treat people with mental disorders, the society should give more respect, understanding, care and shall not discriminate against them or mock them. That is to say, the treatment of psychological problems and psychological disorders that wants to have a common heart.
Entrenched in the Chinese family values, although divorce is understandable, but after all is a disgrace as living in such a cultural atmosphere of the children, inevitably will infect on this kind of idea in the deep heart's core, combined with their ideology is not yet mature, can't correctly treat parents' divorce that is bound to lead to physiological and psychological abnormality. Behind some means and methods of psychological consultation, old, can't adapt to the requirement of the students, so that once students have a psychological problem while also not too willing to solve psychological counseling center. In addition, the ideological and political work of colleges and universities also want to keep up with the times, must be good at according to the different personality of the college students psychological improve the occasion.

**The Single-parent Students Features.** Because in the process of growth to suffer the change of the family structure, these negative events have greatly affects the normal close relationship between parent and later adult relationships. So attached to the mother's life of single-parent families children in the process of the interpersonal communication, often sensitive, suspicious, alert, for example, someone with MHT, ASLEC, SCSQ and family attitude and evaluation questionnaire to investigate the children of single-parent families, the results show that the mother and the single parent families of students of life obviously exist in the relationship problems and ways to deal with the negative and often appear in the process of interpersonal communication to rely too much on or too independent characteristics. Increases the power refers to help individuals, families, groups and communities, to improve their personal, interpersonal, social, economic and political ability, so as to achieve the aim of improve their status. Power refers to the influence resources in the families, organizations and communities and other social system of distribution capacity also from the objective existence of this power is people's subjective feeling. If the lack of the resources, is entitled to as increases the power has two modes, namely the individual their own increases the power and the driving force increases the power. Some scholars proposed single-parent families’ increases the power of the teenagers need outside help that not only to stimulate its own initiative [8].

Table 1. The Statistical Comparison Data of the Single and Non-single Parent Conditions.

<table>
<thead>
<tr>
<th></th>
<th>Single parent</th>
<th></th>
<th>Non-single parent</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>M</td>
<td>SD</td>
<td>M</td>
<td>SD</td>
</tr>
<tr>
<td>Settle a matter</td>
<td>65.98</td>
<td>20.16</td>
<td>71.55</td>
<td>16.33</td>
</tr>
<tr>
<td>Self-accusation</td>
<td>17.33</td>
<td>18.62</td>
<td>17.06</td>
<td>19.11</td>
</tr>
<tr>
<td>Need for help</td>
<td>55.69</td>
<td>26.31</td>
<td>63.17</td>
<td>21.65</td>
</tr>
<tr>
<td>Fantasy</td>
<td>39.15</td>
<td>19.66</td>
<td>36.55</td>
<td>20.15</td>
</tr>
<tr>
<td>Escape</td>
<td>39.28</td>
<td>18.69</td>
<td>39.66</td>
<td>16.12</td>
</tr>
<tr>
<td>Rationality</td>
<td>29.98</td>
<td>13.58</td>
<td>31.51</td>
<td>17.05</td>
</tr>
</tbody>
</table>

Ability to adapt to society is an important content of socialization of college students growth, is also an important symbol of social level. Many single-parent students are less able to adapt to the society, knowledge and ability to solve social problems is low, the lack of basic own social role consciousness, so often encounter many obstacles in the process of social contact. Some single-parent students grumble of social problems, but the lack of social responsibility. A personal level, because college students self and ideal self-reality of the deviation, the gap between subjective self and the objective self, the contradiction between independent consciousness and rely on the in the mind, makes the college students' psychological pressure. Many college students face the indifference of the interpersonal competition in the study and even often try to get closed to self.

**The College Students' Psychological Education Suggestions.** The psychological consulting room in colleges and universities is an effective platform for general students to solve psychological problems,
is to improve students' mental health, optimization of psychological quality the important way that also is an important part of the psychological education. Psychological counseling can guide students to reduce inner contradictions and conflicts, comfort heart development potential of body and the mind. Also can help students correctly understand, grasp myself, to adapt to the environment effectively. In recent years, improve the psychological consultation, and added a variety of forms of services, has become the most effective way to college students' psychological quality education. At the same time, teachers should encourage students to participate in psychological counseling, not to prejudice and discrimination. In place of the psychological quality education can make students get the best intelligence development, with a strong will quality and the cultivation of good character. Age of college students is the important stage of the development of memory in one's life, is also the most active thinking, creative stage is also a person's moral beliefs, personality formation period.

College students should have a heart of tolerance to others, acceptance, understanding others learn to get along with each other. College students should have the ability to adapt to the society, positive social contact, active attention to social, to adapt themselves to society. College students should be in harmony with nature, at the same time of follow natural law, scientific and rational use of natural, strive to "nature and humanity". We should mainly through knowledge of mental health education, improve the psychological quality of college students, and gradually improve level of psychological health of the college students. A small group of students' psychological problems is the psychological barrier, shall be settled through counseling and that self-adaptation, a handful of college students' psychological problems is psychological disease, shall be settled through psychotherapy.

Conclusion

In this paper, we conduct research on the characteristics of the private college single-parent family college students and the education approaches. Family factors are the root cause of the problems of single-parent students' socialization. Single-parent families in China can be roughly divided into two kinds: one kind is divorce another kind is the death of a parent the imperfect family. The specific cause of these two kinds of family and varied, so the negative effects on the children grow up is also each are not identical. But whatever the causes of single-parent families, the socialization of children grow up will be unfavourable. Under this condition, this paper proposes the novel perspective of the private college single-parent family college students and the education approaches to construct the new countermeasures and solutions to the challenges that will be meaningful.

References


