Investigation and Research on Football Teaching and Activities of "National School Football Characteristic Schools" in Fuzhou Area

Xuan-Jie ZHOU\textsuperscript{a}, Qi HUANG\textsuperscript{b}

Nanchang Institute of Science & Technology, Nanchang, Jiangxi, China
\textsuperscript{a}61430513@qq.com, \textsuperscript{b}1057527637@qq.com

Keywords: Football school; Football teaching; To carry out the status quo.

Abstract. This paper takes Fuzhou, Jiangxi province as the research object. The research methods are mainly by means of literature, interview, questionnaire and field inspection, In-depth understanding of Fuzhou, Jiangxi province, "national school football characteristics school" campus football teaching and activities of the status quo, The problems hindering the development of football teaching in the "national college football characteristic school" in Fuzhou, Jiangxi province are traced back to the source. It is found that the problems existing in the teaching and activities of the "national school of football characteristics" in Fuzhou, Jiangxi province are mainly the quality of the football courses restricted on the football field, the lack of football teachers, and the large amount of teachers' hours. Combine the above factors that restrict the development of football teaching and activities in Fuzhou "national campus football characteristic schools", Some Suggestions are provided to promote the teaching and activities of college football in Jiangxi province.

Subjects
In this study, 39 schools with national characteristics of school football were selected in Fuzhou, Jiangxi province from 2015 to 2017.

Research Methods

Bibliographic Method
Search the key words of "campus football" on cnki, Check 52 papers related to campus football in the past 10 years. Through reading the literature, I understand the current academic circles to discuss the Suggestions on promoting the development of campus football, The problems in the development of campus football in schools with national football characteristics are summarized. It lays a solid theoretical foundation for the writing of this paper.

Expert Interview Method
To meet the needs of the research, 7 college football experts in and out of the province were interviewed.

Questionnaire Survey Method
The questionnaire was designed and distributed to students of "national school football characteristic schools" in Fuzhou.

Field Investigation Method
Went to 9 sports schools in Jiangxi province for field research, and talked with coaches and athletes, Visited Xinyu no.1 primary school and communicated with school leaders and coaches. Went to Jiangxi provincial gymnastics management center to learn about the current situation of Jiangxi province competitive gymnastics development, and obtained first-hand information.
Results and Analysis

Fuzhou Area of the National School Football Characteristics School Football Class Development

By examining the school's archives, the author learned that there are 37 schools in Fuzhou, 39 of the country's schools with special football features, which hold the football classes every Monday. Accounting for 94.87 percent of all schools; Fuzhou district 39 national football characteristics of the school started a football lesson every week has two schools. It accounts for 5.13% of all schools; None of the 39 schools with a national soccer specialty in Fuzhou is offering soccer lessons less than one session a week. It can reflect that the arrangement of football courses in 39 schools with national football features in Fuzhou area conforms to the requirements of the national football features. But according to the field investigation, there are a series of problems, There are 3 main points. 1.Soccer field limits the quality of soccer lessons. In Fuzhou, there are 39 schools with football characteristics in the whole country. Primary schools, in particular, are all five - person soccer fields. The football field contains more students. The development of football teaching brings great difficulty. In the process of learning football, basic skills and tactics are mainly practiced.2. Football teachers have a large number of hours. The arrangement of football lessons needs professional football teachers. But each of the 39 schools in Fuzhou has an average of 3.8 soccer teachers, including professional and part-time soccer teachers. The actual full-time football teachers are all full every week without rest. If you take time off for personal matters, it will be difficult for the football class to start.3. Boys and girls have soccer lessons. In the encounter male and female students at the same time on the football class, the general boys after training techniques and tactics, began the full-court confrontation practice. Girls can only watch. This problem is widespread in football teaching.

Football Activities in Schools with Special Features in Fuzhou

The Situation of Football Teams in 39 national Football Characteristic Schools in Fuzhou. According to the author's field talk, we learned that all 39 schools with national football features in Fuzhou have their own football teams. They are the men's school football team and the women's school football team. According to the characteristics of adolescent growth and development, the school football team was subdivided according to the actual situation. For example, primary school is divided into three levels. They are men's and women's school soccer teams in grades 1-2, men's and women's school soccer teams in grades 3-4, and men's and women's school soccer teams in grades 5-6. Junior high school is divided into junior one male and female school football team, junior two male and female school football team. High school is divided into high school football teams for men and women, high school football teams for men and women. Junior three and senior three did not form football teams due to the pressure of study. The football team of the nine-year unified school and complete middle school is the same as that of primary school, middle school and high school.

The Situation of the Intramural Competition in 39 Schools with Special Football Features in Fuzhou. According to the author's field inspection and interview, the school matches of 39 schools with special football features in Fuzhou are divided into three levels, Namely school competition, grade competition, class competition. According to the actual situation of their schools, most schools hold on-campus football matches twice a year. They are autumn school and spring school. In a few schools, there is only one on-campus football match. The grade competition is held twice a year, respectively autumn grade competition and spring grade competition. The class competition is held twice a year, respectively autumn class competition and spring class competition. In the course of the competition held in 9 schools with special football features in Fuzhou, there were more participants. The class competition selects the class football team players by the class director as the coach. The referee of the match is a professional football teacher. The grade team of the grade competition is selected by a full-time football teacher. The referee of the match is a professional football teacher. I made a competition order book before each competition, and made some plans (such as student injury plans, etc.).
The Situation of Intercollegiate Football Matches in 39 schools in Fuzhou. The intercollegiate football competitions among 39 schools in Fuzhou are composed of county, district, municipal and provincial competitions. In order to strengthen each soccer characteristic school football level promotion in Fuzhou city. Fuzhou education and physical education bureau strongly supports each football characteristic school to step out of the campus and participate in the provincial competition. Full support, especially in the area of financial security. At the same time, Fuzhou education bureau also organized a number of city - and county-level intercollegiate competitions. In the intercollegiate competition school participation is most the city, the county level competition. Provincial level competitions relative to the city, county - level less. The main reason is that provincial competitions must be attended by the top teams in Fuzhou. Through this game, the potential of students and improve the level of football, find out the gap with other cities and counties in Jiangxi province. It also cultivates students' sense of collective honor and passion to participate in football.

Fuzhou Area of the National Campus Football Characteristics School Campus Football Performance. In the past three years, the school football in Fuzhou has achieved certain achievements, which should focus on the publicity media reports and the football awards. Media coverage is mainly at the county and city level. But the report propaganda level higher provincial and national level has not yet, indirectly explained the Fuzhou campus football influence to be improved. Fuzhou national football characteristic school in the football awards aspect mainly concentrates in the county level and the municipal level. Provincial awards are mainly for spiritual civilization. There were no national awards. To some extent, it reflects the relatively backward situation of Fuzhou campus football in Jiangxi province.

Conclusions and Suggestions

Conclusions

Fuzhou area "national campus football characteristic school" in the course of football has the basic field requirements. But the teaching grounds are still lacking. The teacher is relatively short, the teacher bears the time pressure is bigger. In Fuzhou, the "national campus football characteristic school" has carried out the football course teaching and extracurricular activities, extracurricular sports training, sports competition and football campus culture construction.

Suggestions

It is suggested that the teaching courses should be reasonably arranged under the insufficient site conditions. Organize the courses effectively and reasonably to ensure that students take soccer lessons in each class. At the same time, the utilization rate of football field on campus can be improved. In terms of site utilization, it can be considered to carry out cooperative and intentional promotion with surrounding schools or surrounding units, so as to increase the site use efficiency and increase the number of students who benefit.

Acknowledgement

Subject of Jiangxi provincial sports bureau in 2018 《Research on development status and countermeasures of "national school football characteristic school" in Jiangxi province》 corpus (Item no: 2018014)

References