The Application of Experiential Teaching Mode in the Teaching of British and American Literature

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Abstract

In this article, we briefly introduced based on the theory of cognitive linguistics and philosophy of experience to the principle of experiential teaching method is put forward, and its application in British and American literature reading teaching. This teaching method in British and American literature reading teaching needs, can cause student's emotion experience and help students to understand correctly the teaching content, to promote their foreign language learning and all-round development. In view of the students in the teaching of English and American literature reading the lack of experience, combined with the experience of philosophy about the main points of the cognitive theory and the characteristic of the experience type teaching mode, we put forward the experience of British and American literature reading teaching strategy.

Keywords: Experience type teaching method, American literature, teaching model, model construction, optimized scheme.

Introduction

Cognitive linguistics and philosophy of experience since the advent, the profound influence on language study. American linguistics professor Lakoff and Johnson published Philosophy professor "Philosophy in the Flesh, the Embodied Mind and Its Challenge to Western Thought", "Philosophy is the philosophical foundation of cognitive linguistics, it emphasizes cognition from the practice, the formation and development of language is the result of the experience and cognition, is the result of subject and object interaction. Experience philosophy with the main objective and the dependency of the world category, the experiential and interactive, mental structure of the human mind metaphorical and gestalt, concepts, structure of the symbolic and constructiveness, fuzziness and integrated meaning system as the foundation of understanding, and its core content is summarized into three basic principles: mental experience and cognitive unconsciousness, metaphorical thinking. They advocated by experience is a kind of unprecedented philosophy theory, is a strong challenge to traditional western philosophy. In sets up the new language cognitive view, therefore, at the same time, the experience of philosophy in its developing in the process of creating the corresponding new language teaching model. It is put forward by Chinese scholars in recent years, the experience of foreign language teaching is to experience philosophy advocated by the cognitive view corresponds to the experience of teaching mode, its philosophy origin is the philosophy of experience. Experience philosophy, therefore, not only for experiential language teaching provides a solid theoretical foundation, and science, effectively guide the teaching practice.

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The theory denies objectivism rejected both people in the know, forming concept, reasoning, construct the semantic category of subjective initiative and neglect the human body experience, physical structure, the limitations of cognitive style, rich imagination, and avoid to subjectivist regardless of the outside of the actual road, only by subjective consciousness and thought.

Figure 1. Philosophy in the Flesh—The Embodied Mind and Its Challenge to Western Thought.

The Proposed Methodology

The experience type teaching mode and its characteristics. Indirect means students are studying in school students learn a lot of things are not in the school directly, is others experienced things, they found that knowledge, students haven't really experienced.

Teaching mode is in a certain teaching ideas or under the guidance of teaching theory, on the basis of rich practical experience of teaching, to achieve a certain teaching purpose and accomplish the teaching task and to build a more stable teaching activity structure framework and activity program. Pedagogy that experience is main body inner diachronic cognition, emotion, meaning and the experience, awareness, and validation, and so on. Therefore, experiential teaching can be defined as: in the teaching process, teachers at a certain theory as the instruction, purposefully create teaching situation, stimulate students' emotion, and to guide students, let students go to perception, understand knowledge, and confirmed in practice.

British and American literature reading teaching. British and American literature reading is the best way to learn a language, not only is the effective channel for quality education and the humanities spirit culture helps to broaden their children, to understand foreign culture, rich cultural knowledge, improve the ability of thinking and identify.

English literature reading teaching can make students truly understand the use of English vocabulary and grammar environment and work under the background of the era of language habits. Students from reading, get emotional edification, thought enlightenment, enjoy the aesthetic temperament and interest. This requires teachers to lead students to work to experience the writer's efforts to follow the philosophy of mind experience of experience and cognitive
unconsciousness, thinking of metaphorical three principles, in order to better explore the author's ideas, listen to their voice.

**Experience in foreign language teaching methods.** Different linguistic theories can make a difference in language acquisition and language teaching theory, such as generative linguistics and natural law, structural linguistics and comparative analysis, functional linguistics and communication method. At the beginning of the birth of cognitive linguistics, we more focused on the cognitive study of language and cognitive linguistics theory. Now, people more and more attention to the influence of language acquisition and language teaching above, people have been applied to the study of language acquisition and language teaching practice.

For deep understanding is to determine the nature of language teaching principles and methods of basic premise. Due to the philosophy of language experience view reveals the important feature and essence of language formation and development, therefore has important implications for foreign language teaching and guiding significance. The resulting derivative of experiential in foreign language teaching is experience philosophy theory and the development of foreign language teaching theory and based on. People have more and more profoundly realized the important role in foreign language teaching experience and practice.

For the theory and practice of foreign language teaching methods with the nature of language and language acquisition in-depth knowledge of law, has been in constant development, improve the process. Embodies in the development of foreign language teaching is from the earliest of the grammar translation method, teaching method, and then the communicative teaching, task, teaching method and so on, people more and more attention to the role of the main body of learner factors in foreign language learning.

Experience in foreign language teaching is based on the above situation and cognitive linguistics, language teaching experience principle based on the theory of philosophy came into being. It was proposed and used to a certain extent, make up for the deficiency of the past, to foreign language teaching more scientific and reasonable. Its characteristic is starting from the experiential essence of language, and content in the form of corresponding arouse learners' inner experience of various language factors, let the students in the process of learning knowledge experience them at the same time, to deepen understanding, the purpose is to comply with the demand of the nature of the learners' foreign language learning process, to achieve the ideal teaching effect.

Literature is the language to reflect life, shape the image, a kind of aesthetic ideology of emotional expression. Connect the life in literature, language and literature. British and American literature reading is not only the best way to learn English, but also help learners understand the British and American national culture, improve ability. Students can through reading experience of the author's inner world, the works of famous artists in the emotional resonance, can truly understand the flexible use of such as vocabulary, syntax and rhetoric, and based on the background of the language habits.

In reality, however, the British and American literature reading teaching, tend to lack experience in teaching and learning mode, more teachers adopt the traditional teaching style, such as the non-computer majors is relatively inefficient teaching method, the result is boring class effect, learners caused by lack of subjectivity in passive to accept the new knowledge, gradually lose their independent thinking ability, learning enthusiasm is greatly reduced, and the teaching effect is not satisfactory.

**Teaching methods and patterns.** In British and American literature teaching, the teacher should realize that the traditional teaching mode of deficiency, and grasp the students participate in teaching from the concept and personally experience the literature characteristic of the strong subjectivity and the importance of emotional experience, absorb more and try
more scientific and reasonable experience type teaching mode, effectively arouse the enthusiasm of them, and make the learners to actively participate in the essence of language, the relationship between language and people's thinking, to change the traditional mode of passive position.

Create the experience type teaching environment. Create experiential teaching environment can start from the choice of textbook, or reading material. In order to improve the learners' participation, teachers can make learners according to their interest, be fond of, choose appropriate difficulty, content interesting is most suited to their learning material, to stimulate their learning interest and participation. Teachers can negotiate with learners together, giving advice and reference, and aims at the learner's chosen materials properly adjusted the teaching contents and teaching methods, slam the door in the past is too boring, the trivial imparting knowledge, can increase content such as cultural experience and literary appreciation, not system comprehensively, study only have feeling, thought, literature fully experience the beauty and the feeling of life.

Effective literary reading should also be based on the learner through the body and mind to experience, based on their own life experience and life world, through the interaction with teachers and students and learning material to construct learning and acquisition. Therefore, for the real interpretation of literature to read, understand and experience by the learners themselves. Teachers should advance the British and American literature reading this task to learners, let them check work content related background knowledge, class in the game, scenarios, such as drama, role playing make learners in the form of real experience this kind of teaching mode in the role of English and American literature reading teaching, and teachers and students to discuss, analyze and share personal journal, teachers help learners from the experience of reading level rise to aesthetic dialectic theory level.

Learning is a continued process based on experience. Experiential learning attaches great importance to the learner's initial experience and specific experience, it is a person through direct experience and construction knowledge, skills, and promote the process of self-worth. In traditional foreign language teaching, the teacher is always the center of teaching, students' learning is passively accept more, to some extent, this is deprived of learners to think actively, personally experience the language and cultural rights, and the opportunity to learn. To change this situation, it is necessary to get rid of the bondage of traditional foreign language teaching, make the process of language learning students form positive emotional attitude, active thinking and bold practice, the process of exercise the ability to learn. Therefore, in the process of actively participate in learning, teachers should pay attention to their own experience.

Reading in English and American literature teaching, should pay attention to training students' ability to find information, take the initiative to acquire knowledge, to make the students in the process of experience independent access to knowledge, access to the rich, understandable language input, to work, the author, language style, era background and literary knowledge related to form the preliminary experience and cognition, and experience success and failure in a positive way.

Through experience and construct their own knowledge of English and American literature and language and cultural, obtain the ability of autonomous learning, and improve their ability of experiential learning.

**Experience teaching strategy.** The strength of a strong sense of understanding and sensibilities. Language sense by the language symbols through the mental experience and form, its cultivation without plenty of language materials and language environment. Reciting is one of the effective ways to form the language sense. Teachers can selectively for topic, rhetoric or background cultural knowledge, representative of the writer's language style paragraph is to let
the students to recite, experience in the depth of the language sense in the multi-dimensional manner to savor works at the center of the thought, feel the ideas of the author, and because of the strong language sense experience of works of aesthetic emotion sublimation. Aesthetic experience teaching design emphasis is to fully mobilize students "thinking" and "emotional experience", which is the core of literature teaching ideas.

Literature appreciation is artistic experience, students from a text experience cognitive experience will also be infinitely applicable to its values and view of life. Literature, therefore, the emotional experience for the improvement of students' cultural quality and cultivate the students' thinking is quite important. Aesthetic experience and traditional classroom teaching design class existence difference, the nature of aesthetic teaching design center from teachers to students of the class. Teachers provide students with best visual, hearing, smell, taste, touch and other individuals able to perceive and experience the text material. Teacher is the leader of class, not only need to arrange distribution of classroom time, also need to guide students according to their own practical experience to understand the text.

Conclusion

Experience in foreign language teaching method is based on cognitive science, philosophy, pedagogy, psychology and so on experience of teaching ideas. It will be the experience of teachers and students in the core position, let the students in the process of experience to create new knowledge, train the ability of language. Will experience applied to foreign language teaching is a teaching method in British and American literature reading teaching a great improvement, not only active classroom atmosphere, also correspondingly changed the students' learning attitude and learning style. Encouraging learners to have direct contact with the literary works at the same time, emphasize the learners in the process of reading, understanding, work on the rational and emotional experience, so as to stimulate the learner's reading enthusiasm, eventually achieve the goal of foreign language learning and overall development. Experience type teaching method not only apply to the British and American literature reading teaching, foreign language teaching practice in the future will be has the certain enlightenment significance.

Reference